Involvement of mitogen-activated protein kinases in mast cell mediator induced airway hyper-responsiveness in guinea pig trachea

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Betydelse av mitogen-aktiverade proteinkinaser i mastcell-mediator inducerad luftvägshyperresponsivitet i marsvinstrakea

Bakgrund: Allergixponering orsakar aktivering av mastceller och frisättning av deras mediatörer, vilket leder till sammandragning av luftvägar. Luftvägshyperresponsivitet (LHR) är en av grundpelarna i astma och idag finns ingen fullständig förståelse för orsakerna bakom detta fenomen. Det finns teorier som förklarar LHR:s uppkomst med upprepade sammandragnings, inflammation, och förändringar i osmolalitet. En annan teori är att LHR beror på förändringar i signalering via mitogen-aktiverade proteinkinaser (MAPK). Syfte: Syftet med detta projekt var att undersöka om ovalbumin (OVA) kan orsaka LHR mot mastcellsmediatörer och klargöra om MAPK bidrar till denna process.

Material och Metoder: Marsvin sensitiserades mot OVA genom en intraperitoneal injektion varpå cirkulära segment av marsvinstrakea disseknerades ut och inkuberas med eller utan OVA och hämmer av c-Jun N-terminal kinase (JNK), extracellular-signal-regulated kinase/MAPK (MEK) och p38. Trakeasegmenten monterades i ett organbad i en myograf för att mäta tensionen i dessa efter tillsättning av mastcellsmediatörer och karbakol. Data från varje segment och agonist korrelerades till den maximala kraftutvecklingen detta segment åstadkommit och presenterades som medelvärde±medelfel. Resultat: Exponering för OVA orsakade LHR mot histamin i trakeasegmenten (p<0.05; pEC50 6.5±0.1) jämfört med ingen exponering för OVA (pEC50 6.2±0.1). Inkubation med JNK MAPK hämmer, men inte med p38 och MEK hämmer motverkade LHR mot histamin. Slutsats: LHR mot histamin kan induceras i en ex vivo marsvinssmodell och kan motverkas med hämning av signalvägen JNK.

Involvement of mitogen-activated protein kinases in mast cell mediator induced airway hyper-responsiveness in guinea pig trachea

Introduction: Exposure to allergens causes activation of mast cells and release of its mediators leading to airway constriction. Airway hyper-responsiveness (AHR) is a major characteristic of asthma but understanding of its causes is incomplete. Theories include repetitive airway constriction, inflammation or changes in osmolality. Another theory is that AHR is mediated through changes in mitogen-activated protein kinases (MAPK) signaling pathways. Aims: To determine the ability of ovalbumin (OVA) to induce AHR to mast cell mediators and to determine the contribution of MAPK to AHR. Material and Methods: Guinea pigs (GP) were sensitized to OVA by intra-peritoneal injection, thereafter circular segments of GP trachea were dissected and incubated in presence or absence of OVA and inhibitors of c-Jun N-terminal kinase (JNK), extracellular-signal-regulated kinase/MAPK (MEK) and p38. Thereafter, segments were mounted on a myograph in organ baths in order to measure the tension in trachea after addition of mast cell mediators and carbachol. The data from each segment and agonist was related to maximal contraction of that segment and presented as mean±SEM. Results: Exposure to OVA induced AHR to histamine in tracheal segments (p<0.05; pEC50 6.5±0.1) as compared to no OVA exposure (pEC50 6.2±0.1). Incubation with MAPK JNK inhibitor, but not with MAPK p38 and MEK inhibitors reduced OVA-induced AHR to histamine. Conclusions: AHR to histamine can be induced in a GP trachea ex vivo model and it can be reduced by inhibition of MAPK JNK.

Keywords: asthma, mitogen-activated protein kinases, p38 mitogen-activated protein kinases, JNK mitogen-activated protein kinases, extracellular signal-regulated MAP kinases, respiratory hypersensitivity.
**Abbreviations**

5-LOX – 5-lipoxygenase

AHR – airway hyper-responsiveness

ASM – airway smooth muscle

DMSO – dimethyl sulfoxide

ERK - extracellular-signal-regulated kinase

GP – guinea pig

GPCR – G-protein coupled receptor

GPT – guinea pig trachea

IgE – immunoglobulin E

JNK – c-Jun N-terminal kinase

LTE₄ – leukotriene E₄

MAPK – mitogen-activated protein kinases

MEK – ERK/MAPK

OVA - ovalbumin
Introduction

Asthma is a globally prevalent heterogeneous conductive airway disease characterized by variable and recurring symptoms, reversible airflow obstruction, chronic airway inflammation and airway hyper-responsiveness (AHR) (1).

Epidemiology and global impact

The asthma diagnosis is based on the clinical characteristics of wheezing, shortness of breath, chest tightness and cough that vary over time and in intensity. The prevalence of doctor diagnosed disease is today around 300 million people worldwide (1). Since the middle of the 20th century the prevalence has been reported to be increasing, though most recent studies indicate that the increase in prevalence among adolescents is in fact abating. In contrast, in countries with a high urbanization rate or areas with low income, the prevalence is increasing (2). This indicates that while the differences in global prevalence are decreasing, the total burden of the disease worldwide is increasing. However, time trends have been difficult to evaluate due to varying inclusion criteria and questionnaires, but also due to increased awareness and improved diagnostic activities (2).

The lifetime risk of developing asthma is around 35%, comparable to the risk of developing cancer or coronary heart disease. In contrast with other chronic diseases, asthma tends to develop early and causes life-long suffering (3). Estimates show that asthma is responsible for about 1 in 250 deaths worldwide. For asthmatics the number of lost disability-adjusted life years is comparable to patients with diabetes or liver cirrhosis (4). In conclusion, asthma is a highly prevalent disease that burdens both patients and global health.

Pathogenesis of asthma

Although mechanisms of the disease are not fully understood, a complex interaction between environmental and genetic factors is considered to contribute to the development of asthma.

Airway inflammation

The stimulus that activates a symptomatic asthmatic attack can be inhalation of allergens, pollutants or viral infections (5). Acute inflammation starts when the allergen activates mast cells via crosslink of the cell-bound allergen-specific Immunoglobulin E (IgE) molecule with a receptor on the mast cell (6). This activates several intracellular cascades inside the mast cell, causing it to de-granulate. The granula contain several preformed biologically active
mediators, among them histamine and proteases (6). Histamine is known to act on four different receptors, activation of which causes bronchoconstriction and increase in mucus secretion (7). Another process that is induced in the mast cell is the activation of the enzymes cyclooxygenase and and 5-lipoxygenase (5-LOX) yielding increased production and release of prostaglandins and leukotrienes (6). This part of the inflammation process is called the early phase and results in acute airway smooth muscle (ASM) contraction and mucus production within minutes, leading to limitation of airflow (8).

In some patients the early phase resolves within hours, but around half of asthmatics experience a second wave of obstruction. Referred to as the late phase, it develops within 2-6 hours and peaks at 12 hours after the early phase (9). This phase is characterized by recruitment of other inflammatory cells (eosinophil, neutrophil and T-helper type 2 cells) (10) through chemokines and cytokines, IgE production leading to a slowly developing ASM contraction (6). This response can be prevented by prophylactically blocking IgE (11) and leukotrienes (12), which suggest a contribution of mast cells.

Repetitive or continuous exposure to allergens can lead to chronic inflammation (6). Typical changes in the airways are referred to as airway remodelling and include an up-regulated inflammatory environment (6), loss of epithelial integrity, mucus cell metaplasia, fibrosis and increased ASM mass. The result is constant airway narrowing due to increased ASM size, mucus plugging and airway hyper-responsiveness (13). The role for the mast cell in these processes is not yet defined.

**Airway hyper-responsiveness**

AHR is, together with inflammation, a central attribute of asthma, defined as an excessive airway narrowing due to stimuli that normally do not affect healthy individuals. The stimuli may be physical (cold air or exercise), pharmacological substances or pollutants (14). Clinical assessment of AHR is done by provocation with histamine or methacholine, which cause an acute bronchoconstriction in affected individuals (15). Carbachol is, like methacholine, a nonselective muscarinic receptor agonist, which is in contrast to acetylcholine is not degraded by acetylcholinesterase, which results in a long-lasting and sustainable contraction (16). AHR is considered to have a persistent component, described as a baseline AHR that most chronic asthma patients suffer from, which is connected to the remodelling phenomenon. Superimposed on that, there is a variable component that can be induced by the acute airway
inflammation. Although both components have been defined, the driving mechanisms behind AHR remain unclear (14).

As described above, allergens and infections can induce airway inflammation in asthmatic patients. However, there is evidence that a bronchospasm can occur on its own without inflammation (17) and mast cells can be activated through osmotic stimuli (18), adenosine or cytokines, independent of IgE activation (19). Moreover, isolated bronchoconstriction alone, without inflammation, can induce airway remodelling (20), which shows, that though AHR and airway inflammation are characteristic for asthma, both processes can occur independently.

**Airway smooth muscle contraction**

ASM cells, which encircle the airways throughout the entire bronchial tree, are considered to be deeply involved in AHR because of the increased sensitivity of the airways to constricting agents. For a long time ASM cells were considered as simply the effector cells in asthma. However, recent studies suggest that the ASM itself contributes to the development and sustainment of asthma and presumably AHR by releasing cytokines and growth factors that maintain airway inflammation (21).

Methods of *in vitro* quantification of the smooth muscle contraction and characterization of different contractile and relaxant agents have been developed over many years. Tension measurements in *ex vivo* tissue containing smooth muscle using a myograph were first done on vessel rings (22, 23). The method was then adapted for use on bronchiole rings (24) and trachea rings (25). Adner et al. has shown that tracheal rings from mice can survive in culture for as long as 32 days without changing their physiopharmacological properties, making them a useful model for asthma research (25).

**Animal model for studying AHR**

Guinea pig (GP) is the most correct animal model for studying airway pharmacology. Many studies have shown that anatomy, physiology and pharmacology of the GP lung closely resembles that of human (26, 27). As an illustration, during mast cell degranulation, mice and rats release serotonin while both humans and GP release histamine (8). The ovalbumin GP sensitization model used in this project has been developed during the past 30 years and has been shown to induce acute airway inflammation, late phase inflammation and AHR in the animals, modelling an asthmatic airway (26). The first encounter with the allergen does not
produce any symptoms. However, it induces the process of IgE-production to the specific allergen. When the animal encounters the same allergen again, the produced IgE-molecules activate the early phase of inflammation (6).

**Mitogen-activated protein kinases**

Mitogen-activated protein kinases (MAPK) are ubiquitous and well conserved cellular proteins, whose function is to transduce signals from outside of a cell, like inflammation or stress, into the cell by protein phosphorylation (28). MAPK are phosphorylated in the cytosol and activated by MAPK kinases, which are activated by MAPK kinase kinases, which in turn are activated at the level of G-proteins at the cell membrane (29). The existence of several intermediates allows amplification of the signal as the amount of substrates increases for each level. Moreover, it allows for interplay between the different signalling pathways. The most well-studied signal pathways are ERK, JNK and p38 (28).

**Extracellular-signal-regulated kinase (ERK) signalling pathway**

ERK1 and ERK2 are two highly similar ubiquitous ERK isoforms at the MAPK level of the ERK signalling pathway, activated by different types of stimuli like growth factors, ligands for G-protein coupled receptors (GPCR), cytokines and osmotic stress (30). MAPK/ERK, shortly named MEK1 and MEK2, are two similarly efficient isoforms at the MAPK kinase level. MEK1 and MEK2 both phosphorylate and fully activate ERK1/2. ERK pathway is involved in regulating cell functions, like motility, proliferation and differentiation and are highly expressed in well differentiated cells, where they have been found to contribute to long-term potentiation of cell signalling in neurons and other highly differentiated cells (28).

**c-Jun N-terminal kinase (JNK)signalling pathway**

JNK1, JNK2 and JNK3 are structurally highly similar isoforms of JNK at MAPK level of JNK pathway, but have functional differences. JNK1 and JNK2 are ubiquitous, while JNK3 is restricted to the central nervous system. They are activated by cytokines, growth factors, DNA damage and environmental stressors. There are two MAPK kinases that activate JNKS, MEK4 and MEK7, which also have the ability to activate the p38 signalling pathway at higher concentrations. Activated JNK pathway contributes to the production of cytokines, inflammatory response, cell metabolism and apoptosis (30).
**p38 signalling pathway**

p38 is a family of four kinases α, β, γ and δ, at MAPK level of p38 pathway, which have been shown to have different, sometimes opposite, actions (28). p38α and p38β are ubiquitously expressed, while γ and δ seem to be restricted to specific tissues outside of the airways (30). p38 pathway can be activated by signals such as cytokines, hormones, ligands of GPCR and environmental stressors. MAPK kinases of p38 pathway have the ability to activate the JNK pathway at high concentrations (28). Due to structural and functional differences of p38 family members, activation of p38 pathway leads to a variety of responses, such as induction of cell cycle checkpoints and regulation of proliferation and differentiation (30).

**Inhibitors of MAPK**

In order to block specific MAPK signalling pathways, more or less specific inhibitors have been developed. PD98,059 is a selective inhibitor in the ERK pathway, acting on MEK1 and MEK2, preventing MEK1/2 from being phosphorylated (31). SB203580 is a selective inhibitor of p38 pathway, acting on p38α and p38β, but not on the δ and γ isoforms (32). 1 µM of SB203580 lowers p38α and p38β activity down to 9-13% of the original, however, it has also been shown to inhibit JNK2 down to 60 % of its original activity at the same concentration (32). SP600125 is an inhibitor of the JNK pathway, acting on JNK1 and JNK2 isoforms. 1 µM of SP600125 lowers JNK1 and JNK2 activity down to 23-24% of the original, however, it has also been shown to inhibit p38α and p38β activity down to 86-89% of its original activity at the same concentration (32). Unfortunately, both SB202580 and SP600125 inhibit several other, less studied, protein kinases (32, 33).

**MAPK and AHR**

Recent research has shown that MAPK JNK and ERK are involved in modulating the calcium response to contractile mediators in human ASM cells (34). JNK has been shown to mediate the elevation of extracellular calcium influx in rat bronchial segments after stimulation with contractile agents (35). In addition, JNK has been shown to be involved in ozone-induced AHR in GP (36, 37), as has p38 (36). A JNK inhibitor, SP600125, has been shown to inhibit AHR to OVA in sensitized mice (38). Similarly, inhibition of ERK prevented AHR to methacholine in mice sensitized and challenged with OVA (39). These findings point towards the involvement of MAPK in the formation of AHR. Yet, it is still unknown whether MAPK
are involved in AHR that is mediated by the most common mast cell mediators, which are clinically relevant in asthma.

**Aim**

The aim of the project was to study AHR in an *ex vivo* GPT model by determining the ability of OVA to induce AHR to mast cell mediators and to determine the contribution of MAPK to that process.

**Material and Methods**

**Chemicals**

Albumin from chicken egg white (OVA) grade V, aluminium hydroxide, Krebs-Henseleit buffer modified (#K3753), sodium bicarbonate, dimethyl sulfoxide (DMSO) (#D5879), PD98,059, SB203580, SP600125, indomethacin, histamine, carbachol, leukotriene E₄ (LTE₄), potassium chloride, papaverine were purchased from Sigma-Aldrich. Sterile phosphate buffer solution (PBS) (#10010015), Dulbecco's Modified Eagle Medium: Nutrient Mixture F-12 (DMEM-F12) (#11320074), Penicillin-Streptomycin (#15140122) were purchased from Thermo Fischer Scientific. Calcium chloride dihydrate was purchased from Merck Millipore. All stock solutions were made according to manufacturer’s instructions.

**Organ bath**

*Tissue extraction*

Male albino GP (Dunkin-Hartley) (445-676 gram) were sensitized by a single intra-peritoneal injection containing 100 µg OVA and 0.1 g aluminium hydroxide dissolved in 0.8 ml sterile PBS. Animals were sacrificed not earlier than 10 days later by inhalation of CO₂ followed by removal of the trachea. Each trachea was transferred to cold Krebs-Henseleit buffer modified by addition of 25 mM sodium bicarbonate and 2.5 mM calcium chloride dehydrate. The trachea was dissected from the surrounding connective tissue and cut into eight rings of equal length containing between two to three cartilage rings.

*Tissue culture*

The rings were placed in a 48-well culture plate containing DMEM-F12 and 1% penicillin-streptomycin and treated with one of the inhibitors: PD98,059 (50 µM), SB203580 (50 µM), SP600125 (5 µM), all dissolved in DMSO, or the vehicle, DMSO. After 40 minutes the rings were challenged with 0.1 mg/ml OVA and kept at 37°C for 18-20 hours.
Myograph measurements

Tracheal rings were mounted and lowered into a 5 ml tissue organ bath containing Krebs-Henseleit buffer modified with addition of sodium bicarbonate to the concentration of 25 mM and calcium chloride dihydrate to the concentration 2.5 mM. The buffer was kept at 37°C and bubbled with carbogen (5% CO$_2$ in O$_2$). Changes in smooth muscle force were detected using an isometric force-displacement transducer linked to a grass polygraph. The response was displayed on a monitor using the IOX data acquisition system (EMKA, Paris, France).

First, the rings were allowed to equilibrate in the new milieu with washes every 15 minutes and the resting force was gradually adjusted to 30 mN in order to create a baseline mechanical tension (Fig. 1). Second, 3µM of a non-selective COX-inhibitor indomethacin (dissolved in ethanol) was added to inhibit synthesis of prostaglandins in the tissue, since it has been established that they are responsible for upholding the basal tone in GPT (40). Third, histamine (dissolved in distilled water), a muscarinic receptor antagonist carbachol (dissolved in distilled water) and LTE$_4$ (dissolved in ethanol) were added in cumulative concentrations (1 nM to 0.1 mM) with washing and addition of indomethacin between the three substances in order to elicit contractions. Last, viability was assessed by contraction with 1mM histamine and 60 mM potassium chloride (dissolved in distilled water) followed by relaxation induced by 1 mM papaverine (dissolved in distilled water).

![Figure 1](image.png)

Figure 1. A typical force-time trace of an experimental protocol from one tracheal segment. LTE$_4$ – leukotriene E$_4$, OVA – ovalbumin

Validation of sensitization of GP
A successful sensitization was evaluated by a combination of two methods. One was the presence of white intra-peritoneal clots composed of aluminium hydroxide which indicated successful injections. The second was addition of OVA to the baths at the end of myograph measurements – if a contraction was evoked in the controls, but not in the segments incubated with OVA, the sensitization was considered successful (Fig. 1).

Statistics

The data measured in the organ baths was the force (in Newton) of the tracheal smooth muscle contraction and relaxation. Data collected for each segment was normalized in relation to the value of its strongest contraction and presented as mean ± standard error of mean. $E_{\text{max}}$ shows the maximal response an agonist can elicit and is a measure of an agonist’s efficacy. $\text{pEC}_{50}$ is the $-\log^{10}$ agonist concentration that produces 50% of the agonist’s maximal effect and is a measure of agonist’s potency. For all agonists, a non-linear regression with a variable slope was used to calculate $E_{\text{max}}$ and $\text{pEC}_{50}$. Data comparison between two groups was assessed by a parametric unpaired $t$-test. All statistical analysis was done using GraphPad Prism® (GraphPad Software Inc., San Diego, CA).

Ethical considerations

More research is needed to understand the physio-pharmacological properties of AHR in asthmatic individuals in order to improve the treatment options. A potential ethical problem with this model is that it requires whole tissue samples, implying the need to sacrifice the GP to be able to obtain the trachea. In order to reduce the suffering, pure CO$_2$ was used for euthanasia and analgesia since it leads to very fast progressing unconsciousness and coma. Unconsciousness was evaluated using the pain reflexes, eyelid shutter reflex and pupil size. Each acquired trachea was divided to 8 pieces and several agonists were tested on the same tissue sample to minimize the use of animals.

The advantage of this method is the possibility to examine the contractile pattern of the tracheal segments in real time using inhibitors of MAPK signalling pathways. Another advantage is that the outcome is pharmacological properties of mast cell mediators and the signalling pathways that are activated in AHR. The advantages of this study outweigh the ethical issues, since obtained values are clinically relevant in assessment of airway tone in humans and thus might lead enhanced understanding of mechanisms behind AHR. An ethical
permit has been acquired (N143/14) from the regional Ethical Committee on Animal Experiments, Stockholm.

Results

Tracheal ring segments were dissected from the previously sensitized GP and incubated with OVA and inhibitors of different MAPK signalling pathways or vehicle, i.e. DMSO. The segments were mounted in organ baths where changes in ASM tone was measured by a myograph.

Sensitization of GP to OVA caused AHR to histamine, but not carbachol and LTE4

Segments incubated with OVA and DMSO were compared to those incubated without OVA and with DMSO. Histamine evoked a contraction in all segments (not shown), but segments incubated with OVA and DMSO had a significantly higher pEC₅₀ (p<0.05) than those incubated without OVA (Fig. 2:A) (Tab. 1).

There was no significant difference in Eₘ₅ evoked by histamine between control segments and segments incubated with OVA (Fig. 2:A) (Tab. 1). Carbachol and LTE₄ similarly evoked contractions in controls incubated with DMSO, though there was no significant difference in Eₘ₅ or pEC₅₀ between the controls and segments incubated with OVA (Fig. 2:B,C) (Tab. 1).

ERK1/2, p38 and JNK signalling pathway inhibitors per se did not affect ASM contractions
pEC$_{50}$ and $E_{\text{max}}$ values for histamine, carbachol and LTE$_4$ in controls incubated with different inhibitors were compared to controls incubated with DMSO alone. There was no significant difference for these values for any of the inhibitors compared to DMSO (Fig. 3) (Tab. 1).

**Figure 3. Contraction induced by histamine, carbachol and LTE$_4$.** The panels show dose-response curves for controls incubated with inhibitors or DMSO. No significant difference in either potency or efficacy was detected between the control segments treated with either MAPK inhibitors or DMSO, induced by (A) histamine, (B) carbachol or (C) LTE$_4$. DMSO – dimethyl sulfoxide, OVA – ovalbumin, LTE$_4$ – leukotriene E$_4$. PD98,059 – MEK1/2 inhibitor, SB203580 – p38 inhibitor, SP600125 – JNK inhibitor. Data plotted from Table 1.

**Table 1. pEC50 and Emax values for segments incubated with DMSO or inhibitors in presence or absence of OVA.**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Histamine</th>
<th>Carbachol</th>
<th>LTE$_4$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>pEC$_{50}$</td>
<td>$E_{\text{max}}$</td>
<td>pEC$_{50}$</td>
</tr>
<tr>
<td>Control + DMSO</td>
<td>6.2±0.1</td>
<td>96.9±1.5</td>
<td>6.7±0.2</td>
</tr>
<tr>
<td>OVA + DMSO</td>
<td>6.5±0.1*</td>
<td>95.3±2.6</td>
<td>6.7±0.2</td>
</tr>
<tr>
<td>Control + SP600125</td>
<td>6.2±0.1</td>
<td>97.5±1.6</td>
<td>6.6±0.3</td>
</tr>
<tr>
<td>OVA + SP600125</td>
<td>6.2±0.1</td>
<td>92.5±2.4</td>
<td>6.6±0.2</td>
</tr>
<tr>
<td>Control + PD98,059</td>
<td>6.2±0.1</td>
<td>94.5±5.4</td>
<td>6.6±0.2</td>
</tr>
<tr>
<td>OVA + PD98,059</td>
<td>6.5±0.1*</td>
<td>94.0±4.0</td>
<td>6.6±0.2</td>
</tr>
<tr>
<td>Control + SB203580</td>
<td>6.3±0.1</td>
<td>92.0±1.8</td>
<td>6.7±0.2</td>
</tr>
<tr>
<td>OVA + SB203580</td>
<td>6.7±0.1*</td>
<td>96.5±1.2</td>
<td>6.8±0.2</td>
</tr>
</tbody>
</table>

Data presented as mean ±SEM. * represents p<0.05 compared to respective control without OVA. DMSO – dimethyl sulfoxide, OVA – ovalbumin, LTE$_4$ – leukotriene E$_4$, PD98,059 – MEK1/2 inhibitor, SB203580 – p38 inhibitor, SP600125 – JNK inhibitor. $E_{\text{max}}$ - maximal response an agonist can elicit, pEC$_{50}$ is the $-\log_{10}$ agonist concentration that produces 50% of the agonists maximal effect.

**Use of SP600125 (JNK) but not PD98,059 (MEK1/2) and SB203580 (p38) affected the ASM contraction**

pEC$_{50}$ and $E_{\text{max}}$ values for histamine, carbachol and LTE$_4$ in segments incubated with OVA and DMSO were compared to segments incubated with OVA and inhibitors. There was a significant difference (p<0.05) in pEC$_{50}$ values induced by histamine between segments.
incubated with OVA and DMSO and segments incubated with OVA and SP600125 (Fig. 4) (Tab. 1), while \( E_{\text{max}} \) for histamine between these two groups was not affected (Fig. 4) (Tab. 1). There was no significant difference in \( pE_{50} \) and \( E_{\text{max}} \) induced by histamine for the other inhibitors (PD98,059 and SD203580) compared to DMSO (Tab. 1). There was no significant difference in \( pE_{50} \) and \( E_{\text{max}} \) induced by carbachol or LTE\(_4\) for any of the inhibitors compared to DMSO (Tab. 1).

![Figure 4](image.png)

**Figure 4.** Contraction induced by histamine presented as dose-response curve for segments incubated with OVA and DMSO or OVA and SP600125. DMSO – dimethyl sulfoxide, OVA – ovalbumin, SP600125 – JNK inhibitor. Data plotted from Table 1.

**Discussion**

Airway hyper-responsiveness (AHR) is a key feature of asthma that is used to describe the increased sensitivity of airway smooth muscle (ASM). Involvement of MAPK, ubiquitous intracellular signalling proteins, in AHR has been addressed in many recent studies. In this study I have investigated AHR to three common mast cell mediators, which has not been evaluated before. This study has shown that one single exposure to OVA causes AHR to histamine in GPT segments that are previously sensitized to OVA. It also shows that inhibition of MAPK JNK abolishes AHR to histamine in GPT that are sensitized and exposed to OVA.

**Previous studies**

In previous unpublished studies we have applied histamine receptor and 5-LOX blockers before exposure of sensitized GPT to OVA which abolished the contractions in culture. The following day during myograph measurements the AHR response to histamine was not affected compared to segments not treated with blockers, though the effect of the blockers had vanished at time of the measurements. From this, we concluded that AHR after OVA exposure did not arise due to one previous contraction in culture. Several studies have,
however, reported that repeated contractions *per se* can cause AHR, for example Grainge *et al.* (20).

MAPKs are known to exert their effects through modulating transcription and translation (28). Since we were interested in MAPKs involvement in AHR, we inhibited transcription and translation using actinomycin D in GPT sensitized and exposed to OVA, which did not affect the AHR response (unpublished data). Therefore, we concluded that AHR after OVA exposure did not arise due to a change in proteins synthesis.

JNK, p38 and ERK have in some studies been shown to be involved in inducing AHR to acetylcholine-like substances or histamine, however, some studies have found no such involvement. Lei *et al.* have shown that inhibition of JNK using SP600125, but not MEK1/2 using PD98,059 or p38 using SB203580 attenuates the bronchial constriction in rats to thromboxane A, which is a potent airway constrictor (35). Other studies have shown that inhibition of p38 using SB239063 (41) or M39 (42) prevented or significantly reduced AHR to methacholine in mice sensitized with OVA. Williams *et al.* have shown that inhibition of p38 using SP600125 significantly inhibited ozone-induced AHR to acetylcholine in mice (37). Similarly, Duan *et al.* showed that inhalation of p38α antisense oligonucleotide, which binds to and blocks the translation of p38α mRNA, significantly reduced OVA-induced AHR to methacholine in challenged mice (43). Sakai *et al.*, on the other hand, have shown that another cytokine, tumour necrosis factor alpha, induced AHR to acetylcholine which can be abolished by blocking ERK, but not p38 in rat bronchi (44). The role of ERK in AHR is also supported by data from Ohnishi *et al.* (45).

These conflicting results may partly be explained by the fact that the studies have used different animal models. Also, the use of airway tissue from mice and rat makes the results of these studies not directly comparable to our study, since the physiopharmacological airway properties of these animals differ in many ways (27). Another explanation is that the way of measuring AHR varies between different studies discussed above: some groups have used *in vivo* measurements, like airway resistance in living animals, while others have used *ex vivo* tissues. Lastly, different inhibitors of MAPK have been used in these studies to demonstrate the involvement of JNK, p38 and ERK in AHR. The fact that not all studies have used the same inhibitors and that the inhibitors have a varying specificity affects the possibility to compare the results of these studies correctly. The inhibitors SP600125 and PD98,059 have been shown to inhibit each other’s primary substrates and several other protein kinases not
studied here (32). This implies that the inhibitory effects of SP600125 and SB98,059 discussed in this study may reflect not only specific inhibition of JNK and p38, but also cross-inhibition and effects from inhibition of other signalling pathways. However, as mentioned previously, the level of inhibition of each other’s primary substrates by SP600125 and SB98,059 can be considered low as compared to level of inhibition of the primary target.

Moynihan et al. studied the Ca\(^{2+}\) response of primary ASM cells to cytokine IL-13, which is an important messenger in the early phase of inflammation. They found that Ca\(^{2+}\) signalling pattern was not altered significantly by inhibition of p38 signalling, but instead by a concurrent inhibition of JNK and ERK (34). Ca\(^{2+}\) signalling is important for ASM contraction as described previously and an altering of Ca\(^{2+}\) signalling pattern through MAPK pathways can be a possible molecular mechanism behind AHR. Data supporting the findings of Moynihan et al. have been obtained by Manson et al. (manuscript in preparation) in isolated human bronchi, where two-days incubation with IL-13 caused AHR to histamine. The study of Moynihan et al. also highlighted that inhibition of only one pathway may not be enough to cause a change in ASM contractile pattern and cause AHR.

In this study, no AHR to carbachol was detected. Carbachol is a nonselective muscarinic receptor agonist (16), much like methacholine, that is used to detect AHR (15), which makes this finding quite unexpected. Also, no AHR to LTE\(_4\) was detected. There are no studies done on AHR to LTE\(_4\) or any other leukotriene after sensitization and exposure to allergen, making it difficult to compare the results with previous research. However, previous studies have shown that pre-treatment of GPT with LTE\(_4\) causes AHR to histamine (46, 47). Nevertheless, the results from these studies have not been repeatable in our lab. My study also shows that the inhibitors themselves do not have any significant effect on the contractile properties of ASM of the trachea. This was important to establish to be able to isolate the effects of solely MAPK inhibitors on the airway tone.

**Strengths and limitations**

One strength of this study is the use of whole isolated tissue samples from the GT. This model allows studying of the isolated ASM without supporting structures and other tissue that it might communicate with. However, when the outcome is measured in tissue of a living animal, it can vary due to a variety of factors that cannot fully be controlled. In the airway tissue, this includes the effects from cytokines and chemokines, attraction of immune cells from the blood stream, nerve cell stimulation and effect from other blood-borne substances.
On the other hand, the method of measuring AHR in the living animal reflects the actual reaction better than the artificial environment in the organ bath. However, in this study I did not aim to address the mechanism behind AHR in a living animal, but specifically targeted pharmacological properties of the airway contraction in AHR.

Another strength is the method used, in which strength of the actual contraction can be measured in real-time. In these conditions the time between the interventions is based on the functional changes in the specific sample, rather than a median estimate of the tissue behaviour. In that way, a more individualized approach can be used, which should make the results more consistent.

One more strength of our approach is the animal model, which has been established and improved over the past 30 years. In this model, it has been shown that after one sensitization and one OVA exposure GP develop AHR to methacholine, late phase inflammation and airway inflammation (26). GP’s airway tissue, pharmacology and reactivity have the highest similarity to human airway tissue, compared to rats and mice (27). Of course, the optimal model for this investigation would be human airway tissue, but the supply is sparse. This tissue is usually obtained from patients that undergo lobectomies, which is why it is also important to consider other morbidities that can negatively affect the results.

However, there are several limitations in this study, one of them being the use of trachea instead of smaller airways. Most of the inflammation and airway resistance resides in the smaller airways that can shut close and cause severe breathing problems (48). Also, some pharmacological differences have been noted between different levels of the airway in GP, making it hard to extrapolate data from the trachea to all other airways (Belikova M., unpublished data). For these reasons, smaller airways can better depict the actual physiopharmacological properties of AHR.

Another limitation is use of only DMSO as control for the incubation with inhibitors. The trachea was divided into eight segments with 2-3 cartilage rings in each segment and the segments were distributed over eight organ baths. The amount of organ baths and the length of the trachea is a limitation that does not allow for more segments to be studied simultaneously. Eight segments were treated with one of three inhibitors diluted in DMSO and OVA or no OVA. DMSO was added as a vehicle and had to be considered as a separate control group, but due to the amount of organ baths only one control for the inhibitors was
possible, therefore DMSO was chosen as a control. However, it would have been desirable to have a control group without DMSO.

Last, another limitation is that it is not clear whether the effect on contraction is because of action of MAPK in the ASM, or other resident cells in the trachea. The more complex a studied tissue is, the less specific is the response elicited by it. So while the contractions themselves are mediated by the ASM, it is uncertain if the inhibition of MAPK exerts its effects directly in the ASM or in other cells like epithelial cells, fibroblasts or mast cells.

**Significance**

The possibility to induce AHR to histamine in a sensitized guinea pig *ex vivo* model after one exposure to OVA is in line with previous research. Due to use of logarithmic values, a 0.3 shift in the dose-response curve pEC₅₀ value actually corresponds to 2-fold lower concentration of histamine required to reach 50% of the maximal possible contraction. Hence segments incubated with OVA respond with an earlier contraction at lower concentrations of histamine, which in turn is the core of the AHR phenomena. Likewise, this implies that at one given concentration of histamine the trachea with induced AHR will have contracted more, which in turn decreases the radius of the airway more than in a trachea without AHR. According to Poiseulle law, $R = \frac{8\eta L}{\pi r^4}$, where $R$ is resistance in a pipe, $\eta$ is viscosity of the media, $L$ is the length of the pipe and $r$ is the radius of the pipe. Clearly, a 2-fold change in the airway radius has an $r^4$ impact on the airflow resistance in the trachea, which can be considered great in a clinical setting. No change in $E_{\text{max}}$ however, is interpreted as no change in contraction force after sensitisation and exposure to OVA.

JNK inhibitor SP600125 inhibited the shift in the pEC₅₀ value, ameliorating the OVA-induced shift in the dose-response curve. The contribution of JNK, a MAPK that is involved in the inflammatory response, to supervening of AHR to histamine is an important contribution to understanding this major characteristic of asthma and opens the possible use of JNK inhibitors in treating AHR. MAPK inhibitors are already used today for cancer treatment (49), thus a vast knowledge base has already been acquired, reducing time and funds for drug development.

**Future studies**

This study has highlighted the involvement of JNK MAPK in AHR to histamine, however several issues still remain unclear, one of them being the use the JNK inhibitor SP600125,
since it has been shown to be somewhat unspecific. There are several other JNK inhibitors available that can also be tested in the same setting in order to evaluate if the effect on AHR will persist. Other inhibitors for MEK1/2 ERK and p38 may also be tested. Another possible future study is use of a combination of MAPK inhibitors on the same segment. This is particularly interesting due to the findings of Moynihan et al that only concurrent inhibition of ERK and JNK alters Ca\(^{2+}\) signalling.

In order to obtain a deeper understanding of the involvement of MAPK in AHR, studies of smaller airways are needed, since it is in the smaller airways that the bronchoconstriction has most of its effects. We have established a method for using GP primary bronchi in an organ bath myograph (unpublished data). Another, more clinically relevant model is, of course, human bronchi, which we have an access to and for which we have an adapted methodology. In a such study it would be of interest to have bronchi from known asthmatics and non-asthmatics.

Lastly, a chronic model, where the GP is repetitively exposed to antigen during a period of time would allow for determining if the repetitive bronchoconstriction effects AHR to mast cell mediators. This future study would also enable investigation of MAPK involvement. A chronic model is also more clinically relevant because there is little chance to prevent the supervision of AHR in patients, since most of them already suffer from the symptoms at presentation.

**Conclusions**

In this project, tracheal ring segments from GP sensitized to OVA were studied in an organ bath myograph. It was found that a single intraperitoneal injection followed by a single exposure to ovalbumin caused AHR to histamine in the tracheal segments. Moreover, inhibition of JNK MAPK signalling pathway abolished the airway hyper-responsiveness in those segments. These findings are important for further understanding of the mechanisms of AHR and open up to further investigation of whether MAPK inhibitors can be used as treatment for patients suffering from this condition.

**Acknowledgements**

First of all, I would like to thank Jesper Säfholm and Mikael Adner, who have introduced me to this interesting field and patiently guided and supported me through my work. I also want to thank my seminar-group and particularly my opponent Sune Sun, who have contributed
with valuable comments and questions during the start-up of my project. Lastly, I want to thank my coordinator Anthony Wright for his valuable feedback on my work.

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