PHARMACOLOGICAL PROPERTIES OF RADIOTRACERS THAT MEASURE P-GLYCOPROTEIN FUNCTION AND DENSITY

Pavitra Kannan
Cover Illustration:

Pictured is a PET image of a human (left side of figure) showing the upper-body distribution of the radiotracer $[^{11}C]N$-desmethyl-loperamide, which is a P-glycoprotein substrate that has irreversible accumulation in the kidneys and spleen. As described in this thesis, the irreversible accumulation of this tracer is a result of its trapping in acidic organelles known as lysosomes (shown in red in the human cells; right side of figure) and is a mechanism that amplifies the PET signal. Image courtesy of Kyle Brimacombe, Matthew Hall, William Kreisl, and Jeih-San Liow.

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To my sister.
Le vrai est trop simple; il faut y arriver toujours par le compliqué.

[The truth is too simple; one must always find it through the complicated.]

-Amantine Lucile Aurore Dupin
ABSTRACT

Energy-dependent transporters of the ATP-binding cassette (ABC) family regulate the movement of molecules across cellular membranes. Several of these transporters are expressed in the endothelial cells of brain microvessels (blood-brain barrier) to protect brain tissue from exposure to toxins in the blood. Three of the most common ABC transporters at the blood-brain barrier are P-glycoprotein (P-gp), breast cancer resistance protein (BCRP), and multidrug resistance protein 1 (MRP1). Changes in P-gp function and density are hypothesized to play a role in neurological disorders, mediating drug-resistant epilepsy, drug effectiveness against HIV infection of the brain, and Alzheimer disease. Therefore, to measure P-gp function and density in vivo, substrates (which are transported by P-gp) and inhibitors (which bind to P-gp) have been radiolabeled for use in the nuclear imaging technique positron emission tomography (PET). For accurate quantification, radiotracers must be selective for P-gp and have high signal strength. The purpose of this thesis was to evaluate whether two radiotracers that are used to image P-gp function and density fulfill these properties.

The selectivity and signal strength of the P-gp substrate N-desmethyl-loperamide (dLop) and the P-gp inhibitor tariquidar were assessed using pharmacology assays in human cell lines and post-mortem mouse brains, and using PET imaging in transgenic mice and healthy humans. We found that the radiotracer \([^{11}C]\)dLop is selective as a substrate for P-gp among the three major ABC transporters of the blood-brain barrier because accumulation of \([^{3}H]\)dLop was lowest in cells expressing P-gp, and the uptake of \([^{11}C]\)dLop was highest in brains of mice lacking P-gp. In addition to being selective, dLop is ionically trapped in acidic lysosomes; \([^{3}H]\)dLop accumulation decreased by \(\geq 50\%\) in human cells pretreated with compounds that raise lysosomal pH. This irreversible trapping mechanism of \([^{11}C]\)dLop amplifies the measured PET signal because radioactivity accumulates over time. However, the P-gp inhibitor tariquidar competes with dLop for lysosomal accumulation because it decreased the accumulation of \([^{3}H]\)dLop by \(\geq 50\%\) in human cells and that of \([^{11}C]\)dLop by \(\geq 35-40\%\) in lysosome-rich organs of P-gp knockout mice and healthy humans; competition was not observed in the brain. The lysosomal competition in the peripheral organs is problematic because tariquidar is used in combination with \([^{11}C]\)dLop to measure P-gp function in vivo and suggests that these two compounds cannot be used together to measure P-gp function in the periphery.

We also found that tariquidar is not a specific inhibitor of P-gp; it is also a substrate and inhibitor of BCRP. At low concentrations, \([^{3}H]\)tariquidar had highest accumulation in cells expressing P-gp and lowest accumulation in cells expressing BCRP, while at higher concentrations (\(\geq 100\) nM), tariquidar inhibited the function of both P-gp and BCRP. In addition to not being selective, \([^{11}C]\)tariquidar has a low signal strength as a radiotracer because specific binding of \([^{3}H]\)tariquidar to P-gp in post-mortem mouse brains was only 20-30\% of the total signal.

In conclusion, the selectivity and high signal strength of the radiotracer \([^{11}C]\)dLop allow it to selectively measure P-gp function at the blood-brain barrier and this radiotracer can be used to determine P-gp’s role in neurological disorders. In contrast, the lack of selectivity and low signal strength of \([^{11}C]\)tariquidar indicate that this inhibitor cannot measure P-gp density and that better inhibitor radiotracers are required.
RÉSUMÉ

Les transporteurs appartenant à la famille ATP Binding Cassette (ABC) contrôlent le mouvement des molécules à travers les membranes des cellules. Plusieurs de ces transporteurs se trouvent dans les cellules endothéliales des micro-vaisseaux cérébraux (la barrière hémato-encéphalique) afin de protéger le cerveau contre les toxines contenues dans le sang. Les trois principaux transporteurs ABC de cette barrière sont la P-glycoprotéine (P-gp), la BCRP et la MRP1. Parmi eux, les changements de fonction et de densité de la P-gp sont supposés jouer un rôle dans la résistance aux médicaments contre l’épilepsie, l’efficacité des médicaments contre l’infection cérébrale du VIH et de la maladie d’Alzheimer. Afin de quantifier la fonction et la densité de la P-gp in vivo, des substrats (transportés par la P-gp) et des inhibiteurs (qui s’attachent à la P-gp) ont été radiomarqués pour la tomodigraphie par émission de positons (TEP), une méthode d’imagerie nucléaire. Or, pour une quantification précise de TEP, un radiotracer doit à la fois être sélectif pour la P-gp et fournir un rapport signal/bruit élevé. L’objectif de cette thèse était donc d’évaluer si deux radiotracer, dont l’utilité est de mesurer la P-gp in vivo, satisfont ces deux propriétés.

Ces propriétés ont été évaluées pour le substrat N-desmethyl-loperamide (dLop) et l’inhibiteur tariquidar en utilisant les méthodes pharmacologiques dans des lignées cellulaires humaines et des cerveaux de souris post-mortem, ainsi qu’à partir de l’imagerie TEP chez les souris transgéniques et les humains. Nous avons constaté que le radiotracer \([^{11}\text{C}]\text{dLop}\) est sélectif comme substrat de la P-gp parmi les trois principaux transporteurs ABC ; la capture cellulaire de \([^{3}\text{H}]\text{dLop}\) a été la plus faible dans la lignée exprimant la P-gp, tandis que la capture cérébrale de \([^{11}\text{C}]\text{dLop}\) a été la plus forte chez la souris \textit{knockout} pour la P-gp. De plus, le dLop est ioniquement piégé dans les lysosomes parce que la capture cellulaire de \([^{3}\text{H}]\text{dLop}\) a été diminuée d’au moins 50\% dans les lignées prétraitées des composés augmentant le pH lysosomal. Ce mécanisme irréversible du piégeage amplifie le signal mesuré par TEP parce que la radioactivité augmente avec le temps. Il a également été découvert que l’inhibiteur tariquidar a baissé de 50\% l’accumulation de dLop dans les lignées cellulaires, et de 35 à 40\% dans les organes riches en lysosomes chez les souris \textit{knockout} pour la P-gp et les humains ; aucun effet n’a été mesuré au niveau du cerveau. Puisque le tariquidar est utilisé avec le \([^{11}\text{C}]\text{dLop}\) pour mesurer la fonction de la P-gp, la concurrence entre les deux composés pour l’accumulation lysosomale signifie qu’ils ne peuvent pas être utilisés ensemble pour mesurer la fonction de la P-gp à la périphérie du corps.

Nous avons aussi constaté que le tariquidar n’est pas un inhibiteur spécifique de la P-gp ; il est aussi substrat et inhibiteur de la BCRP. Quand la concentration de \([^{3}\text{H}]\text{tariquidar}\) était faible, sa capture cellulaire a été la plus forte dans la lignée exprimant la P-gp et la plus faible dans celle exprimant la BCRP. En revanche, dans le cas d’une concentration forte de \([^{3}\text{H}]\text{tariquidar}\), la fonction de la P-gp et de la BCRP a été inhibé. En outre, \([^{11}\text{C}]\text{tariquidar}\) donne un faible rapport signal/bruit car le lien spécifique du tariquidar avec la P-gp dans les cerveaux de souris post-mortem n’a été que de 20 à 30\% du signal total.

En conclusion, les deux propriétés – la sélectivité et le rapport élevé signal/bruit – confèrent un avantage au radiotracer \([^{11}\text{C}]\text{dLop}\) pour mesurer la fonction de la P-gp. Ce radiotracer peut ainsi être utile pour déterminer le rôle de P-gp dans les maladies neurologiques. Par contre, la manque de sélectivité et le faible signal de \([^{11}\text{C}]\text{tariquidar}\) indiquent que cet inhibiteur ne peut pas être utilisé pour mesurer la densité de la P-gp, et que de meilleurs inhibiteurs sont alors nécessaires.
LIST OF THESIS PUBLICATIONS

The following three papers are included after the summary chapter and are referred to by their roman numerals in the text. In addition, a review paper related to this thesis is included in the Appendix.


LIST OF NON-THESIS PUBLICATIONS


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<table>
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<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>ABC</td>
<td>ATP-binding cassette (transporter family)</td>
</tr>
<tr>
<td>ABCB1</td>
<td>Human gene that encodes for P-gp</td>
</tr>
<tr>
<td>abcb1a/b</td>
<td>Mouse genes that encode for P-gp</td>
</tr>
<tr>
<td>ABCC1</td>
<td>Human gene that encodes for MRP1</td>
</tr>
<tr>
<td>abcc1</td>
<td>Mouse gene that encodes for MRP1</td>
</tr>
<tr>
<td>ABCG2</td>
<td>Human gene that encodes for BCRP</td>
</tr>
<tr>
<td>abcg2</td>
<td>Mouse gene that encodes for BCRP</td>
</tr>
<tr>
<td>Aβ</td>
<td>Amyloid beta</td>
</tr>
<tr>
<td>ATP</td>
<td>Adenosine triphosphate</td>
</tr>
<tr>
<td>BBB</td>
<td>Blood-brain barrier</td>
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<tr>
<td>BCRP</td>
<td>Breast cancer resistance protein</td>
</tr>
<tr>
<td>B&lt;sub&gt;max&lt;/sub&gt;</td>
<td>Receptor density</td>
</tr>
<tr>
<td>CsA</td>
<td>Cylcosporin A</td>
</tr>
<tr>
<td>dLop</td>
<td>N-desmethyl-loperamide</td>
</tr>
<tr>
<td>DMSO</td>
<td>Dimethyl sulfoxide</td>
</tr>
<tr>
<td>FTC</td>
<td>Fumitremorgin C</td>
</tr>
<tr>
<td>HPLC</td>
<td>High-performance liquid chromatography</td>
</tr>
<tr>
<td>i.v.</td>
<td>Intravenous</td>
</tr>
<tr>
<td>K&lt;sub&gt;D&lt;/sub&gt;</td>
<td>Dissociation constant at equilibrium</td>
</tr>
<tr>
<td>MRP1</td>
<td>Multiple resistance protein 1</td>
</tr>
<tr>
<td>PBS</td>
<td>Phosphate-buffered saline</td>
</tr>
<tr>
<td>PET</td>
<td>Positron emission tomography</td>
</tr>
<tr>
<td>P-gp</td>
<td>P-glycoprotein</td>
</tr>
<tr>
<td>SD</td>
<td>Standard deviation</td>
</tr>
<tr>
<td>SPECT</td>
<td>Single photon emission computerized tomography</td>
</tr>
<tr>
<td>SUV</td>
<td>Standard uptake value</td>
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</table>
1 INTRODUCTION

Efflux transporters are proteins that regulate the movement of molecules in and out of cells. These proteins, found in many different cell types of the body, can also prevent the entry of therapeutic drugs into cells and tissues. Drug efflux may therefore be a mechanism by which drug resistance occurs in disorders such as epilepsy or cancer. Understanding the function and density (or amount) of these transporters in the living body can improve or alter treatment options and can lead to the development of more targeted drugs. Radiolabeled molecules that interact with efflux transporters offer a powerful way to elucidate transporter function and density in healthy and diseased states.

1.1 ATP-BINDING CASSETTE TRANSPORTERS

To exert their effect on intracellular proteins, many drugs and molecules must pass through cell membranes by one of two forms of transport. The first form is passive transport, in which molecules pass through the membrane on their own or via a protein channel (carrier-mediated), without the use of energy. The second form is active transport, in which molecules are pumped through the membrane via a transporter protein that uses a chemical energy source, such as an electrochemical gradient or the molecule adenosine triphosphate (ATP). Energy-dependent transporters move molecules against a concentration gradient across cellular membranes [1].

A large number of active transporters are encoded by genes from the ATP-binding cassette (ABC) superfamily. The ABC genes seem evolutionarily important, as they are expressed in many prokaryotic and eukaryotic cells [2]. In the human genome, 48 genes encode for the ABC transporters and have been grouped into seven subfamilies (designated ABCA-ABCG) based on sequence homology. The ABC transporters are efflux pumps that are expressed in cellular membranes of various tissues and have varying substrate specificities [3, 4].

1.1.1 P-glycoprotein (P-gp)

Of the ABC transporter genes, ABCB1 has been most studied because it encodes P-glycoprotein (P-gp, also called ABCB1 or MDR1), a 170-kDa protein widely expressed in plasma cell membranes of healthy human tissues and multidrug-resistant tumors [3, 5, 6]. The structural and functional characteristics of P-gp help explain its role under both physiological and pathophysiological conditions [4–7]. Structurally, the transporter consists of two interwoven transmembrane regions, each containing six transmembrane helices and an ATP-binding domain located intracellularly (Figure 1) [8–10]. The transmembrane helices of P-gp bind a broad range of compounds, known as substrates, with varying affinities to the transporter [3, 5, 11], while ATP hydrolysis initiates substrate efflux [7, 10]. The amino acid sequence of P-gp varies 80-97% among species, which can also account for species differences in substrate recognition [2, 12].

Functionally, P-gp regulates the transport of biologically important molecules, nutrients, hormones, and drugs into and/or out of cells [7, 13]. Although it transports substrates that tend to be hydrophobic, positively charged, or weak base molecules with a planar ring system [13], the transporter recognizes a wide range of compounds, including antiarrhythmics, antihistamines, cholesterol-lowering statins, and HIV protease inhibitors [3, 5].
Figure 1. (A) Structural model of P-glycoprotein (P-gp) in the lipid bilayer showing extrusion of the P-gp substrate doxorubin (to scale). Binding and hydrolysis of ATP (shown bound during hydrolysis) initiates substrate extrusion. Substrates can be extruded directly from the lipid bilayer or be drawn from the intracellular pool. (B) P-gp pumps substrates out of organs of the human body in the direction indicated by the bold solid arrows. The thick black line indicates the barrier in which P-gp is located between various organs and the bloodstream; red indicates vasculature, blue represents tissue, and white indicates excreta. CSF, cerebrospinal fluid; MDR, multidrug resistance.

By regulating the intra- and extracellular concentration of molecules, P-gp helps maintain chemical homeostasis.

The transporter is widely expressed in the human body and plays both excretory and protective roles (Figure 1). Localization and pharmacokinetic studies have shown that P-gp can pump substrates out of tissue into the luminal space (blood), ultimately excreting substrates out of the body. To function in this excretory role, P-gp is widely expressed in cell membranes of organs such as the kidney, liver, and intestines [14–17]. In order to function in a protective role, P-gp is expressed in the membranes that create an interface between two organs. For example, at the blood-brain barrier (BBB) [18, 19], the blood-testes barrier [20, 21], and the placenta [22, 23], P-gp protects crucial organs (i.e., brain, testes, and fetus) against the entry of xenobiotics.

Although P-gp plays an important functional role, deletion or mutation of the gene encoding for P-gp is not lethal under laboratory conditions. For example, mice lacking the *abcb1a* and *abcb1b* genes (the mouse counterparts to the human *ABCB1* gene) are viable and healthy. The knockout mice do, however, tend to accumulate more toxins in their tissues than their wild-type counterparts [24]. In humans, some single-nucleotide polymorphisms and haplotypes (combinations of single-nucleotide polymorphisms) of the *ABCB1* gene have been shown to alter P-gp activity but do not impact function [25, 26]. In pathophysiological conditions, however, these mutations may be fatal. For example, patients with ovarian cancer who expressed the wild-type allele for P-gp had a mean progression-free survival of 19 months when treated with chemotherapy, whereas those expressing the G1199A polymorphism had a mean progression-free survival of only two months [27].
1.1.2 Breast cancer resistance protein (BCRP)

ABCG2 is an ABC gene that encodes for breast cancer resistance protein (BCRP), an 80-kDa protein known to confer multidrug resistance in cultured tumor cells [28–30]. Structurally, the transporter is unlike P-gp and MRP1 because it consists of only one ATP-binding domain and one drug-binding domain [31], and two BCRP transporters must combine as a homodimer to become functional [32, 33]. Functionally, BCRP is similar to P-gp: it recognizes a broad range of substrates (many of which are also P-gp substrates) [4, 31], and it is expressed in many of the same tissues as P-gp [16, 34–37]. For example, BCRP is expressed in the placenta to protect the fetus from exposure to toxic compounds that may circulate in maternal blood [36, 37]. The protein has additionally been found in tissues where P-gp is not expressed, such as in stem cells and mammary glands [38, 39]. Although BCRP’s role is to protect organs and excrete compounds from the body, its role in pathophysiological conditions has not been explored extensively.

1.1.3 Multidrug resistance protein 1 (MRP1)

Another ABC transporter gene that is widely expressed in a range of tissues and in cancer cells is ABCC1, which encodes the 190-kDa multidrug resistance protein 1 (MRP1). The protein has one extra transmembrane domain than P-gp does [40] and tends to efflux substrates that are conjugates of organic anions (negatively-charged) or of glutathione [41]. Similar to P-gp, Mrp1 plays an excretory and protective role in the body and is frequently expressed in the same organs and barriers [42–45]. Because Mrp1 was discovered much later than P-gp, it has not been as well characterized and its involvement in pathophysiological conditions, other than in multidrug-resistant cancer, is unknown [11].

1.1.4 Definitions of terms: substrate, inhibitor, and competitive substrate

In the context of transporters, substrates are compounds that are transported, whereas inhibitors are compounds that restrict the function of the transporter [7, 46, 47]. The term inhibitor is often used synonymously with modulator, and the concepts are not clear-cut. For example, the compound verapamil is a substrate for P-gp at low concentrations, but, like many substrates, verapamil also inhibits ATP hydrolysis at high concentrations [48, 49]. Inhibitors, such as cyclosporin A and tariquidar, interfere with ATP hydrolysis at all concentrations [7, 46]. In this dissertation, the term substrate describes a drug transported by an ABC transporter, the term inhibitor describes a drug that restricts transporter function, and the term competitive substrate describes a drug that acts as both substrate and inhibitor, by saturating the transporter’s capacity to efflux the substrate or by inhibiting ATP hydrolysis.

1.2 Imaging P-GP at the Blood-Brain Barrier

1.2.1 The blood-brain barrier (BBB)

Chemical homeostasis in the brain is maintained by the BBB, which limits the brain entry of toxins and substances circulating in the blood. The barrier is formed by the endothelial cells that line the walls of capillaries (small blood vessels) in the brain. In contrast to endothelial cells of capillaries in other tissues, those in the brain are joined to one another by tight junctions and do not contain fenestrations (Figure 2). Functionally, these properties serve
Figure 2. Diagram of the location of P-gp, BCRP, and MRP1 in the endothelial cells of brain capillaries. The walls of capillaries are lined with endothelial cells, which form tight junctions to prevent compounds from readily passing into the brain. The ABC transporters P-gp, BCRP, and MRP1 are located on the apical side of these polarized cells and facilitate the movement of compounds out of the brain or prevent the ingress of molecules into the brain.

to select the types of compounds that can readily cross the capillary walls into the brain. Small hydrophobic compounds, such as caffeine, can pass the barrier by passive diffusion, but large hydrophobic molecules and hydrophilic ones, such as hormones and amino acids, cannot. To mediate the entry of large molecules that are needed for brain function, the brain endothelial cells express a range of transporters. The glucose transporter isotype-1, for example, is highly expressed in these cells because glucose is the primary energy source for the brain [50].

The brain endothelial cells also express several transporters from the ABC family, with the most common ones – P-gp, BCRP, and several transporters of the ABCC family, including MRP1 – found on the apical (blood-facing) membrane of the cells (Figure 2) [18, 34, 42, 43]. While all three transporters are known to efflux drugs out of the brain, P-gp’s role at the BBB has been extensively studied. P-gp immediately transports substrates that enter the apical membrane of the lipid bilayer of endothelial cells back into the blood and, therefore, prevents the penetration of toxic hydrophobic substances into neural tissue [3, 13]. The anti-diarrheal drug loperamide (Imodium®), for example, is an opiate that is sold over-the-counter because P-gp prevents it from crossing the BBB [13, 51]. Although P-gp prevents certain drugs from having side effects in the brain, it becomes an impediment to treating brain disorders if a drug cannot reach the intended target in the brain [52]. Thus, it is essential to measure the function and density of P-gp in both physiological and pathophysiological conditions.

1.2.2 Pathological conditions involving P-gp at the BBB

In vitro and animal data suggest that P-gp may play a role in disorders such as medication-refractory epilepsy and Alzheimer disease. Over-expression of P-gp is hypothesized to contribute to medication-refractory epilepsy, which is a condition in which a patient does not respond to several antiepileptic drugs. Biopsy specimens from patients with medication-refractory epilepsy showed a 130-200% increase in P-gp expression in cells immediately surrounding the epileptogenic focus (i.e. seizure-prone area). Seizures are known to not only transiently disrupt the BBB but also induce glutamate release, both of which signal nearby tissue to up-regulate P-gp expression [53, 54]. In contrast, under-expression of P-gp...
may play a role in the development of Alzheimer disease, a form of dementia characterized in postmortem brains by senile plaques containing an insoluble form of amyloid beta (Aβ). Although the deposition of Aβ occurs in normal aging, the process is accelerated in Alzheimer disease [55, 56]. A postmortem study of brains from non-demented elderly patients showed that P-gp expression was significantly and inversely correlated to deposition of Aβ suggesting that P-gp might play a role in controlling Aβ deposition in the brain [57]. In vitro experiments showed that Aβ is a substrate for P-gp, and imaging studies with radioactive Aβ40 injected intracranially in wild-type and P-gp knockout mice showed that knockout mice had greater Aβ deposition than wild-type mice [55]. Because in vitro samples do not always represent the in vivo situation, these studies highlight the importance of measuring P-gp function and expression in the living BBB.

1.2.3 Imaging using positron emission tomography

Positron emission tomography (PET) and single photon emission computerized tomography (SPECT) are nuclear imaging techniques regularly used to visualize and measure in vivo processes with great sensitivity. For imaging in vivo, a molecule is tagged with a radioactive isotope and injected at tracer (subpharmacological) doses into the body. The decay characteristics of the radioisotope are then measured and reconstructed into an image that shows the spatial distribution of the molecule. In PET, radioisotopes, such as 11C or 18F, are unstable atoms that contain fewer neutrons than the stable isotope (12C or 19F) and therefore decay (or release energy) by positron emission to become stable (Figure 3). In the decay process, a proton is converted into a neutron and a neutrino and positron are released. The positron, the antimatter counterpart of an electron, travels a short distance until it collides with an electron and annihilates. During annihilation, the masses of the two particles are converted into energy in the form of two identical gamma rays, which are then detected by a PET camera and used to reconstruct a three-dimensional image [58].

PET typically quantifies the pharmacokinetics of a radiolabeled drug that binds with high affinity to a specific receptor target. Through modeling, pharmacokinetic parameters are then used to determine the so-called binding potential of the receptor site; the binding potential is the product of receptor density and the affinity of the radioligand for the receptor [59]. In the case of the efflux transporter P-gp, PET can quantify not only density but also function. Inhibitors known to bind to P-gp with high affinity have been radiolabeled and evaluated for their ability to measure P-gp density in the brain [60–63]. On the other hand, substrates of P-gp have been used to measure P-gp function, where function is implied by the absence of substrate in a P-gp protected organ rather than its presence. P-gp function can then be quantified using PET by measuring the difference in uptake of a radiolabeled substrate in the target tissue before and after inhibition of the transporter [64–67]. Under baseline conditions, the protected organ or tumor accumulates minimal amounts of the radiolabeled substrate, and after P-gp inhibition, the organ accumulates far more substrate. In a tissue in which P-gp is absent or dysfunctional, the uptake of substrate should be unaffected by inhibition [68].

1.2.4 Selection criteria for radiotracers that image P-gp

Although imaging of P-gp function and density is a relatively new area of research, several criteria are important for the selection of an optimal radiolabeled tracer: radiochemical purity of the signal, selectivity for P-gp, and magnitude of the signal.
Figure 3. Representation of the decay process of a positron-emitting radionuclide. The radioactive atom contains an unstable nucleus, which decays to become stable; a proton is converted to a neutron and a positron is emitted to balance out the charge. The positron, the antimatter counterpart of an electron, travels a short distance until it annihilates with an electron. In the process, two identical photons are released 180 degrees apart from one another and are detected by the PET camera.

To ensure accurate quantification, the signal measured from the radiotracer must be radiochemically pure because SPECT and PET measure total radioactivity and cannot distinguish radioligands from radiometabolites. For example, if a radiometabolite that is not a substrate for P-gp enters the target tissue, it will increase the baseline signal and thereby blunt the relative magnitude of the signal after P-gp inhibition [69]. The presence of radiometabolites can be measured in animal models (e.g., P-gp knockout and wild-type mice), but the generation of radiometabolites in animals does not always reflect the situation in humans [70, 71]. When metabolism of a radiotracer occurs, the tracer can sometimes be redesigned to avoid a particular metabolic route, as it is desirable to use a radioligand that has little to no metabolism [69].

A second criterion for an optimal radiotracer for P-gp is its selectivity for the transporter. Selectivity is critical because of the varying expression of a number of transporters in the body and the common occurrence of cross-recognition of substrates and inhibitors [4]. A range of in vitro assays can be used to identify if a candidate substrate radiotracer is selective for P-gp. One such method is the Transwell-transport assay that uses polarized cell lines, such as Madin-Darby canine kidney and colorectal adenocarcinoma (Caco-2) cells, that are engineered to overexpress a range of human ABC transporters. These cells are grown as an epithelial layer on Transwell inserts and form tight junctions that prevent paracellular diffusion of compounds; a given molecule can therefore traverse the well by passive diffusion or transporter-mediated processes. A compound is identified as a substrate for P-gp, for example, if it is transported from the basolateral to the apical side, and if transport in the reverse direction is prevented. Furthermore, the transport from the basolateral to apical side should be blocked by P-gp inhibitors [72, 73]. The selectivity of a compound for P-gp can thereby be assessed, using cells expressing various ABC transporters. Another method is to measure a substrate’s intracellular accumulation in cell lines expressing various ABC transporters; a compound is identified as a substrate for P-gp if the control cells accumulate more substrate than the P-gp-expressing cells. This accumulation assay is arguably easier to perform than that with polarized cells and has been proven to be a good indicator of transport selectivity. For both assays, selectivity can also be confirmed
by using inhibitors to block transport or accumulation of substrate [68]. Other biophysical assays are available to further probe drug-transporter interactions; these include ATPase assays in vesicles, substrate competition assays, and time-course kinetics of transport [7]. Candidate radiolabeled substrates selected from in vitro assays can be then be tested in vivo in knockout mice to confirm selectivity. For example, a candidate substrate that is selective for P-gp should have enhanced uptake in the brains of mice that lack P-gp [68].

Selectivity of a candidate inhibitor radioligand for P-gp can also be measured in vitro. One method is to add the putative P-gp inhibitor along with a fluorescent substrate to ABC transporter-expressing cells. The cellular uptake of the substrate is then measured; if fluorescence uptake increases, then the inhibitor interacts with that transporter [74, 75]. The cellular accumulation assay also measures inhibitor selectivity, where a radiolabeled inhibitor is added to both control and ABC transporter-expressing cells. Higher "accumulation" is expected in the transporter-expressing cells than in control cells if the inhibitor binds to the transporter [76]. The selectivity of that compound can thereby be assessed using cells expressing various ABC transporters. Finally, ATPase assays can be used to verify that the inhibitor does not stimulate ATPase activity, which is essential for ABC transporter function [7].

A third criterion for an optimal radiolabeled tracer for P-gp is the magnitude of the signal, which is measured differently for a substrate and an inhibitor. For a substrate, the magnitude of signal is the ratio of the amount of compound in the tissue at baseline to the amount after P-gp blockade. Because in vivo imaging has limited anatomic resolution, the visual effects in small organs become blurred or spill into their surroundings, an effect called the "partial volume error" [58]. Furthermore, variations between species and tissues in the expression of P-gp should be taken into account when assessing the suitability of the radiotracer [12]. The magnitude of the signal measured in most in vitro assays of a substrate is therefore diminished when measured in vivo. For an inhibitor, the magnitude of signal is the binding potential, which is the product of the density of receptors ($B_{max}$) and the affinity ($1/K_D$ of the inhibitor for the target). In vivo, binding potential can be expressed as the ratio of specific binding to non-specific binding [59].

### 1.2.5 Radiolabeled substrates for imaging P-gp function

Many substrates of P-gp, such as sestamibi, verapamil, daunorubicin, colchicine, and N-desmethyl-loperamide (dLop), have been radiolabeled for SPECT and PET imaging of P-gp function at the BBB [64, 68, 77–80]. Although all of these were evaluated in animals, only three were extended to assessment in humans: [$^{99m}$Tc]sestamibi, [$^{11}$C]verapamil, [$^{11}$C]dLop.

**Sestamibi** The SPECT agent [$^{99m}$Tc]methoxyisobutylisonitrile ([$^{99m}$Tc]sestamibi) is a positively charged lipophilic complex (Figure 4) that readily enters cells in the absence of P-gp. The radiotracer was found to measure P-gp function in cell lines and in various drug-resistant tumors in vivo [68, 81], but it is not the most ideal substrate radiotracer. Although [$^{99m}$Tc]sestamibi is known to produce a radiochemically pure signal [82], it is a substrate for both P-gp and MRP1, decreasing its utility to image the function of only P-gp. Furthermore, the magnitude of signal produced by [$^{99m}$Tc]sestamibi is smaller than those produced by other substrate radiotracers. For example, brain uptake of [$^{99m}$Tc]sestamibi by ex vivo measurements in P-gp knockout mice was only four-fold higher than in wild-
Thus, of the three criteria for a substrate radiotracer described earlier, $[^{99mTc}]$sestamibi fulfills one (radiochemical purity) and marginally fulfills a second (magnitude of signal).

**Verapamil**  $[^{11}C]$Verapamil (Figure 4) is a calcium channel blocker and is both a substrate and inhibitor of P-gp [77]. At the low concentrations used in PET, $[^{11}C]$verapamil functions as only a substrate and therefore has been extensively used to measure P-gp function [7, 78, 83]. However, it also does not fulfill the three criteria for a substrate radiotracer. For one, $[^{11}C]$verapamil undergoes extensive oxidative metabolism by cytochrome P450 enzymes in humans, and some of the radiometabolites of $[^{11}C]$verapamil have substrate activity at P-gp [84, 85]. Furthermore, $[^{11}C]$verapamil is not selective for P-gp as it has been reported to modulate the activity of MRP1 [86]. The radiotracer does, however, fulfill the third criterion because it produces a large magnitude signal in the absence of P-gp, as the brain uptake of $[^{11}C]$verapamil in P-gp knockout mice was ten-fold higher by ex vivo measurements than that in wild-type mice [77, 78]. Nevertheless, the radiometabolites of $[^{11}C]$verapamil and its interaction with MRP1 significantly limit the radiotracer’s ability to quantify P-gp function.

**dLop**  Loperamide is a potent over-the-counter opiate used to treat diarrhea, but it lacks effects in the central nervous system because it is an avid substrate for P-gp at the BBB [51]. A major metabolite of loperamide in animals and humans is dLop, which also behaves as a substrate for P-gp. Injection of the metabolite, $[^{11}C]$dLop, rather than the parent compound, $[^{11}C]$loperamide, markedly decreases the concentration of further radiometabolites that enter the brain [69] because dLop is metabolically stable.

$[^{11}C]$dLop (Figure 4) shows promise as a substrate radiotracer of P-gp. The radiotracer has high signal purity because it produces minimal (≤ 10%) radiometabolites that enter brains of P-gp knockout mice, measured ex vivo at 30 minutes [64]. With regard to selectivity, uptake of the radiotracer was markedly enhanced in the brains of P-gp knock-
out mice and of monkeys after blockade by inhibitors selective for P-gp [64, 67]. However, these studies do not definitively prove selectivity for P-gp because dLop’s interaction with the other two major transporters at the BBB (BCRP and MRP1) is unknown, and systematic in vitro assays with various ABC transporters would be more conclusive. Finally, $[^{11}\text{C}]$dLop also demonstrates high signal strength because brain uptake of $[^{11}\text{C}]$dLop by ex vivo measurements was seventeen-fold higher in P-gp knockout mice than in wild-type mice [64]. Although the magnitude of this signal is blunted in PET imaging by the limited anatomic resolution of PET, $[^{11}\text{C}]$dLop is trapped in the brain upon entry, despite declining plasma concentrations [87, 88]. From an imaging perspective, this irreversible trapping is beneficial because it amplifies the PET signal by accumulating radioactivity over time. Although dLop is an opiate agonist, its trapping is not a result of high-affinity binding to the opiate receptor [64], i.e. the mechanism of trapping is unknown.

1.2.6 Radiolabeled inhibitors for imaging P-gp density

Substrate radiotracers such as $[^{11}\text{C}]$dLop cannot be used directly to measure the expression, or density, of P-gp at the BBB, because they do not bind to the transporter in a classical receptor-ligand fashion [59, 68]. Instead, inhibitors such as elacridar and tariquidar that are known to bind to P-gp with high affinity have been radiolabeled and evaluated for their ability to measure P-gp density in the brain [60–63].

Elacridar. The synthetic compound elacridar (Figure 5) has been extensively studied because of its high affinity for P-gp ($K_D = 0.8$ nM) [89] and its high potency to inhibit P-gp at nanomolar concentrations ($\geq 20$ nM) [90]. Because of its high binding affinity to P-gp, elacridar was radiolabeled and injected in animals with the aim of mapping out the distribution of P-gp in the brain [61, 63, 91]. However, elacridar does not fulfill two of the three criteria of an ideal radioligand: although $[^{11}\text{C}]$elacridar has good metabolic stability in vivo and high specific binding in vitro, elacridar also inhibits BCRP function [92], thus lacking selectivity. In addition, the radiotracer has a low magnitude of signal in wild-type mouse brain [61, 63, 91]. Therefore, the lack of selectivity and the low magnitude of signal limit the usefulness of this radiotracer.

![Figure 5. Chemical structures of two high-affinity inhibitors of P-gp that have been radiolabeled for PET imaging.](image-url)
**Tariquidar**  Tariquidar (Figure 5) has been routinely used to inhibit P-gp function in vitro and in vivo because of its high affinity for P-gp ($K_D = 5 \text{ nM}$) [46], its ability to inhibit P-gp at nanomolar concentrations ($\geq 40 \text{ nM}$) [93], and its relatively low toxicity [94]. Tariquidar was radiolabeled and injected in animals in order to map out the distribution of P-gp in the brain [60, 62], but the results of the imaging studies indicate that $^{11}$C-tariquidar may not fulfill two of the three criteria of an ideal radioligand. $^{11}$C-Tariquidar is metabolically stable, as 96% of the radioactivity in plasma measured 20 min after injection is the parent [62]. However, its selectivity for P-gp is uncertain, as micromolar concentrations of the compound has been reported to inhibit the function of BCRP [75]. Furthermore, the radiotracer has a low magnitude of signal because its uptake in brain is very low [60, 62], but the reason for this low uptake is unclear.
2 AIMS

The aims of this thesis were to determine the pharmacological properties of radiotracers used to image P-gp function and density. Both cell culture techniques and PET imaging were used when possible to ensure that the property of the radiotracer found in vitro paralleled that found in vivo.

1. To characterize the selectivity of $[\text{\textsuperscript{11}C}]$dLop as a substrate for P-gp (paper I)
2. To understand the mechanism of dLop’s trapping in the brain (paper II)
3. To characterize the selectivity of $[\text{\textsuperscript{11}C}]$tariquidar as an inhibitor for P-gp (paper III)
4. To investigate whether tariquidar can measure P-gp density in vitro
3 MATERIALS AND METHODS

The pharmacological properties of the P-gp substrate dLop and the P-gp inhibitor tariquidar were evaluated both in vitro and in vivo. A summary of the materials and methods used in the studies is described in this chapter, with more detailed information provided in the full papers located in the second half of the book.

3.1 CHEMICALS

3.1.1 Radiotracers

For cell and post-mortem studies, dLop and tariquidar were radiolabeled. For cell studies, \([N\text{-desmethyl}^{-3}\text{H}]\text{dLop}\) (American Radiolabeled Chemicals) was synthesized as described previously [64] and \([O\text{-methyl}^{-3}\text{H}]\text{tariquidar}\) (American Radiolabeled Chemicals) was synthesized by \([^{3}\text{H}_3]\text{methylation of O-desmethyl-tariquidar}\). Both compounds had a radiochemical purity > 97.7% by HPLC analysis, a specific activity of 3.0 GBq/µmol, and a concentration of 37 MBq/mL. For post-mortem brain studies, \([O\text{-methyl}^{-3}\text{H}]\text{tariquidar}\) had a radiochemical purity > 98% by HPLC analysis, a specific activity of 1.7 GBq/µmol, and a concentration of 4.4 MBq/mL.

For small animal PET studies, the radiotracer \([^{11}\text{C}]\text{dLop}\) was prepared [64] and obtained in high radiochemical purity (99%) and with a specific activity of 90.0 ± 34.9 GBq/µmol (n = 5 batches) at the time of injection. For human PET studies, \([^{11}\text{C}]\text{dLop}\) was prepared [64], in accordance with an investigational new drug application (101,092) submitted to the US Food and Drug Administration (http://pdsp.med.unc.edu/snidd/). The radiotracer was obtained in high radiochemical purity (100%) and with a specific activity of 116 ± 46 GBq/µmol (n = 12 batches) at the time of injection.

3.1.2 Pharmacological agents

For cell and post-mortem brain studies, all pharmacological agents were dissolved in DMSO or ethanol before dilution in culture media or saline buffer. For mouse PET studies, tariquidar solution (7.5 mg free base/mL; gift from Susan Bates, National Cancer Institute, Bethesda, MD, USA) was diluted 1:10 in 0.9% saline. For human PET studies, tariquidar solution was supplied by AzaTrius Pharmaceuticals and prepared as before [88].

3.2 IN VITRO STUDIES

3.2.1 Cell lines

Four pairs of cell lines were cultured, each pair consisting of a parental (control) and a resistant (ABC transporter-expressing) line. Resistant cell lines were sub-cultured from parental cells, and expression of ABC transporters was maintained by addition of cytotoxic drugs to culture media (Table 1) [95–98]. The KB, MCF7, and NIH cell lines were cultured in Dulbecco’s modified Eagle’s medium, whereas the H460 cell lines were cultured in Roswell Park Memorial Institute 1640 medium. Culture media were supplemented as reported [99] and cell lines were grown at 37 °C in 5% CO₂ [95].
Table 1. Expression of ABC transporters in four pairs of cell lines derived from human and mouse tissues.

<table>
<thead>
<tr>
<th>Tissue source</th>
<th>Cell type</th>
<th>Cell line name</th>
<th>ABC transporter</th>
<th>Drug used for expression</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human adenocarcinoma</td>
<td>B1 parental</td>
<td>KB-3-1</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>B1 resistant</td>
<td>KB-8-5-11</td>
<td>P-gp</td>
<td>Colchicine (250 nM)</td>
</tr>
<tr>
<td>Human large-cell lung</td>
<td>G2 parental</td>
<td>H460</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>cancer</td>
<td>G2 resistant</td>
<td>H460/MX20</td>
<td>BCRP</td>
<td>Mitoxantrone (20 nM)</td>
</tr>
<tr>
<td>Human breast cancer</td>
<td>C1 parental</td>
<td>MCF-7</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>C1 resistant</td>
<td>MCF-7/VP16</td>
<td>MRP1</td>
<td>Etoposide (4 (\mu)M)</td>
</tr>
<tr>
<td>Mouse fibroblasts</td>
<td>b1 parental</td>
<td>NIH-3T3</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>b1 resistant</td>
<td>NIH-C3M</td>
<td>P-gp</td>
<td>Colchicine (2.5 (\mu)M)</td>
</tr>
</tbody>
</table>

3.2.2 Brain tissues

Brain sections were prepared and cut for labeling of P-gp. Four strains of mice (Taconic Farms, Germantown, NY) were used: wild-type (model FVB), P-gp knockout (\(abcb1a/b^{-/-}\); model 001487), BCRP knockout (\(abcg2^{-/-}\); model 002767), and P-gp/BCRP dual knockout (\(abcb1a/b^{-/-}/abcg2^{-/-}\); model 003998). Mouse brains were rapidly removed after decapitation, snap frozen in liquid nitrogen, and stored at -70°C.

All brains were thawed to -20°C, cut in coronal or sagittal slices of 10 \(\mu\)m thickness at -20°C using a cryostat (Jung-Frigocut 2800E, Leica, Heidelberg, Germany), dried on Superfrost-treated glass slides and stored at -25°C until the day of the experiment [100]. Mouse experiments were approved by the ethical committee at Karolinska Institutet.

3.2.3 Radioaccumulation studies

For selectivity and ionic trapping studies, accumulation of low concentrations of radiotracers was measured in human cell lines using the following protocol. Cells were seeded at a density of 2.5 x 10^5 cells/well in 24-well plates and incubated in culture media for 24 h at 37°C to allow attachment. The time course of accumulation for each radiotracer was measured in KB-3-1 cells to determine when the radiotracer accumulation stabilized (i.e. did not continue to increase). All subsequent experiments were conducted for 45 min for \(^{[3]}\text{H}\)dLop and for 240 min for \(^{[3]}\text{H}\)tariquidar in different cell lines. If necessary, cells were pre-treated for 30 min at 37°C with increasing concentrations of a pharmacological agent before they were incubated with \(^{[3]}\text{H}\)dLop (1 nM) or \(^{[3]}\text{H}\)tariquidar (1 nM) at 37°C unless specified. After incubation, cells were washed with ice-cold phosphate buffered saline (PBS, 1X) and lysed with trypsin for 90 min at 37°C. Radioactivity in the lysates was measured with liquid scintillation counting.

For studies on the ionic trapping of dLop, two different experimental conditions were used. In the first condition, control (KB-3-1) cells were pretreated with bafilomycin A and tamoxifen to test whether dLop (\(pK_a\) of 7.3; [64]) is trapped as protonated weak base in acidic lysosomes (Figure 6). Bafilomycin A is a compound that prevents the acidification of...
the lysosome by inhibiting the proton vacuolar-ATPase [101] whereas tamoxifen is a weak base (pKₐ of 8.5) that accumulates within lysosomes and depletes the free proton pool [102]. We also used unlabeled dLop itself to compete for cellular accumulation. In the second condition, accumulation was measured in control (KB-3-1) and P-gp-expressing (KB-8-5-11) cells pretreated with increasing concentrations of tariquidar because the in vivo trapping of [¹¹C]dLop in brain tissue occurs in the presence of the inhibitor tariquidar [88].

For studies on the ionic trapping of tariquidar, [³H]tariquidar accumulation was measured in control (KB-3-1) cells pretreated with tamoxifen and chloroquine, another weak base (pKₐs 8.5 and 10.8) [103].

3.2.4 Inhibition of transporter function

The selectivity of dLop and tariquidar as an inhibitor for each ABC transporter was measured by the uptake of a fluorescent substrate (one preferentially effluxed by P-gp, BCRP, or MRP1) in the presence of increasing concentrations of dLop or tariquidar. Three conditions for each transporter were measured: untreated (negative control), inhibitor-treated (positive control), and dLop/tariquidar-treated. Cells (2 x 10⁵) were suspended in 1 mL of Iscove’s modified Dulbecco’s medium containing 5% fetal bovine serum and were pretreated for 10 min at 37 °C with media containing either an inhibitor or dLop/tariquidar. Following pretreatment, cells were resuspended in media containing the same inhibitor used during pretreatment and a fluorescent substrate. The following fluorescent substrates were used: 4 µM rhodamine 123 for P-gp, 5 µM mitoxantrone for BCRP, and 0.25 µM calcein-AM for MRP1 [26, 74]. Although calcein-AM is not itself a substrate of MRP1, it is cleaved by cellular esterases to yield fluorescent calcein, which is effluxed by MRP1 [104]. Following incubation in the dark for 45 min at 37 °C, cells were centrifuged and resuspended in 300 µL of PBS containing 0.1% bovine serum albumin. Fluorescence intensity was recorded for a total of 10,000 cells using a FACSCalibur flow cytometer (BD Biosciences, San Jose, CA, USA).

3.2.5 Confocal microscopy

To visually confirm that dLop and tariquidar are trapped in lysosomes, we examined their ability to displace a fluorescent weak base from lysosomes using confocal microscopy. Cells (2.5 x 10⁵/well) were seeded onto glass coverslips in 6-well plates and allowed to attach over 24 h at 37 °C. They were then incubated for 30 min at 37 °C with three compounds simultaneously: 10 nM Lysotracker (a fluorescent lysosomal marker that is a weak base), 8 µM Hoechst 33342 (a fluorescent nuclei marker), and either DMSO, dLop, tamoxifen (positive control), or paclitaxel (negative control). After treatment, coverslips were
removed from media, washed in PBS, inverted onto glass slides, and sealed. Cells were imaged using a Zeiss LSM 510 UV microscope (Carl Zeiss Microimaging, Germany).

3.2.6 ATPase assay

The beryllium fluoride-sensitive ATPase assay was used to investigate whether tariquidar stimulates the ATPase activity of BCRP as previously described [105]. In brief, membrane vesicles (10 µg of protein) of High Five insect cells were incubated with varying concentrations of tariquidar in the presence and absence of beryllium fluoride (BeFx; 0.2 mM beryllium sulfate and 2.5 mM NaF) in ATPase assay buffer for 5 min. The reaction was started by the addition of 5 mM ATP and was stopped by the addition of 0.1 mL of 5% sodium dodecyl sulfate solution after 20 min. The amount of inorganic phosphate released and the BeFx-sensitive ATPase activity of ABCG2 was determined as described previously [105].

3.2.7 Autoradiography

P-gp density in mouse brain was measured as the binding of [³H]tariquidar in brains of wild-type and P-gp knockout mice. Sagittal slices (10 µm) of each brain from 3 mice per strain were preincubated for 30 min at 22 °C with increasing concentrations of tariquidar and cyclosporin A (Sigma Aldrich, St. Louis, MO, USA) made in PBS containing 0.3% bovine serum albumin (Sigma Aldrich, St. Louis, MO, USA). Slices were then incubated in the same solution now containing 1 nM [³H]tariquidar. The time course of binding was measured in wild-type mouse brain at 4 and 22 °C to determine when tariquidar binding reached equilibrium. Subsequent experiments in mouse brains were conducted for 120 min at 22 °C. After incubation, brain slices were washed 3 x 10 min in ice-cold PBS (1X), dipped in distilled water and allowed to dry. Radioactivity was measured after slides were exposed to phosphor imaging plates (BAS IP-TR 2040, Fuji Photo Film Co., Japan) for four days and scanned using a Fujifilm BAS-5000 scanner (Tokyo, Japan).

3.3 IN VIVO STUDIES

3.3.1 Imaging in animals

Imaging studies of dLop selectivity were performed in wild-type, P-gp knockout (abcb1-a/b−/−), BCRP knockout (abcg2−/−), and MRP1 knockout (abcc1a−/−) mice, while studies of lysosomal trapping were performed in P-gp knockout mice (Taconic Farms, Germantown, NY, USA). Animal experiments were performed in accordance with the Guide for Care and Use of Laboratory Animals [106] and were approved by the National Institute of Mental Health Animal Care and Use Committee.

All PET studies performed in mice were conducted using the following protocol. In brief, animals were anesthetized using 1.5% isoflurane through a nose cone, injected via the tail vein with [¹¹C]dLop or a pharmacological agent, and scanned using a Focus 220 microPET camera (Seimens Medical Solutions, Knoxville, TN, USA). To study the in vivo selectivity of dLop for ABC transporters, four strains of mice were injected with [¹¹C]dLop (16.0 ± 4.6 MBq; 0.1 mL) and radioactivity uptake was measured in their brains. To study the lysosomal competition between dLop and tariquidar in vivo, P-gp knockout mice were first treated with 100 µL saline and tariquidar (32 mg/kg). After 30 min, [¹¹C]dLop (7.8 ± 1.3 MBq; 0.1 mL) was injected and radioactivity uptake was measured in kidneys and
spleen, which are lysosomal-rich organs. Mice from different strains or different treatments were imaged simultaneously because the Focus 220 can accommodate up to 6 mice in a single scan. Body temperatures were maintained between 36.5 °C and 37 °C using a heating pad or lamp. Serial dynamic scans were collected for 60 min and were reconstructed using a Fourier rebinning + 2D ordered-subset expectation maximization algorithm, resulting in an image resolution of 1.6 mm at full-width at half maximum. No attenuation or scatter-correction was applied.

3.3.2 Imaging in human subjects

Six healthy volunteers (age 33 ± 10 y) were selected based on previously published criteria. In brief, subjects were free of current medical and psychiatric illness based on screening tests and were also free of any medication for at least 3 d before and after administration of tariquidar. Human studies were performed in accordance to our Investigational New Drug Application submitted to the Food and Drug Administration and were approved by the local Institutional Review Board.

To study the lysosomal competition between dLop and tariquidar in vivo, volunteers underwent whole-body PET scans of \([^{11}C]dLop\) at baseline and after administration of tariquidar (2 mg/kg or maximal dose of 150 mg i.v.). Subjects had the second PET scan (after tariquidar administration) performed under identical conditions on the same day (n = 2 subjects) or on a following day (n = 4 subjects). For each subject, tariquidar was infused via the antecubital vein at a rate of 375 mL/h just before injection of \([^{11}C]dLop\). The injected dose of \([^{11}C]dLop\) was 663 ± 83 MBq at baseline and 639 ± 93 MBq after administration of tariquidar. Images were then acquired on a high resolution research tomograph PET camera from 5 to 120 min as before [88]. Attenuation correction was applied as previously reported [88].

Subjects were monitored for blood pressure, temperature, heart rate, and respiration rate before and after administration of tariquidar, and after injection of \([^{11}C]dLop\). Blood and urine laboratory tests were repeated within 24 h after completion of the study.

3.4 DATA AND STATISTICAL ANALYSIS

3.4.1 In vitro studies

For radioaccumulation assays, the amount of radioactivity measured in lysates was first corrected for adsorption of the radiotracer to the plate and for cell count, and then standardized to radioactivity measured in control cells. Concentration-response curves were fitted and analyzed by nonlinear regression by using a log-sigmoidal model with variable slope (Prism 5.0, GraphPad software). After data were tested for homogeneity of variance, statistical significance was evaluated by the Student t test (unpaired, two-tailed, \(\alpha = 0.05\)). Data are expressed as mean ± SD (n = 3-6 observations).

For studies on inhibition of transporter function, fluorescence data were analyzed using FlowJo software (Tree Star, Inc., Ashland, OR, USA) and mean values of fluorescence were averaged and standardized to the control cells. Data represent mean ± SD (n = 3-6 observations).

For the BCRP ATPase assay, the basal activity was subtracted to calculate percent stimulation in the presence of tariquidar. Data are expressed as mean ± SD (n = 3 observations).
For autoradiography studies, images were analyzed using Multi Gauge 3.2 (Fuji Photo Film Co., Japan). Regions of interest were drawn around each brain, and radioactivity was measured as the intensity of photon emissions (from the radiotracer) per unit area and corrected for background. Data were then analyzed using Prism 5.0 and are expressed as mean ± SD (n = 3 observations).

### 3.4.2 In vivo studies

For PET studies, reconstructed images were used to measure the concentration of radioactivity (decay-corrected till injection time) in each organ. Images were analyzed using Pixelwise Modeling Computer Software (PMOD Group, Zurich, Switzerland). Regions of interest (an outline defining the boundaries of an area) were drawn on coronal slices of the target organ for both mice and humans. The concentration of radioactivity (decay-corrected until injection time) was expressed as the standardized uptake value (SUV), which normalizes for injected activity and body weight.

\[
SUV = \frac{\text{activity per g of tissue}}{\text{total injected activity}} \times \text{body weight} \tag{1}
\]

Time-activity curves were created for each organ by plotting SUV versus time or %SUV versus time, and the area under the time-activity curve (i.e. SUV · min) of each organ was calculated by using the trapezoidal method of integration.

For mouse imaging studies, differences in mean area-under-the-curve (SUV · min) were compared by using one-way analysis of variance followed by the Bonferroni posttest for multiple comparisons (\(\alpha = 0.05\)). Data are expressed as mean ± SD (n = 3-4 animals).

For human imaging studies, differences in the area under the time-activity curve (SUV · min) of each organ were compared between the baseline and tariquidar-treated condition by paired \(t\) test, and correction for multiple corrections was performed using the false discovery rate with a threshold of 0.05. Data are represented as mean ± SD (n = 5-6 subjects).
4 RESULTS AND DISCUSSION

4.1 PROPERTIES OF N-DESmethyL-LOPERAMIDE (dLop)

4.1.1 dLop is a selective substrate for P-gp (paper I)

The selectivity of dLop at low concentrations (nanomolar) for P-gp, BCRP, and MRP1 was measured as its uptake in human and mouse tissues (Figure 7). In human cell lines, control (non-P-gp-expressing) cells of the ABCB1 pair accumulated 4 times more \[^{3}H\]dLop than P-gp-expressing cells \((P < 0.001)\). In contrast to the findings in the ABCB1 pair, \[^{3}H\]dLop accumulation was not different between the control and transporter-expressing cells of the ABCG2 \((P = 0.18)\) and ABCC1 \((P = 0.86)\) pairs. In mice, similar results were obtained: the brain concentration of \[^{11}C\]dLop in P-gp knockout mice was at least 2.5-fold higher than that in MRP1 knockout, BCRP knockout, or wild-type mice \((P < 0.0001)\). Taken together, these results are consistent with dLop behaving as a selective substrate for P-gp.

Because high concentrations of substrates can inhibit ABC transporter function, the selectivity of dLop at high concentrations (micromolar) for P-gp, BCRP, and MRP1 was also measured by its ability to inhibit the efflux of another fluorescent substrate. In human cells, we found that the uptake of a fluorescent P-gp substrate was at least 4-fold higher in P-gp-expressing cells treated with \(\geq 20 \mu M\) dLop than in untreated ones (Figure 8). dLop did not inhibit BCRP or MRP1 function at any tested concentrations. As a positive control, inhibitors specific for each ABC transporter demonstrated inhibition of efflux in each transporter-expressing cell line. Although BCRP-expressing cells treated with fumitremorgin C had higher uptake of BCRP substrate than control cells did, this result was not anomalous because the control cells of the ABCG2 pair are known to express a small amount of functional BCRP \([97]\). Thus, dLop selectively inhibits P-gp function as a competitive substrate, a behavior consistent with that of other P-gp substrates, such as verapamil \([7]\).

Figure 7. The selectivity of dLop as a substrate for three ABC transporters measured in human cell lines and transgenic mice. (A) \[^{3}H\]dLop accumulation is significantly different \((P < 0.001)\) between the control and transporter-expressing cells of only the ABCB1 pair. Bars represent mean \pm SD \((n = 3)\). (B) Concentration of radioactivity (%SUV) measured by PET after injection of \[^{11}C\]dLop is 2.5 times higher in P-gp knockout mice \((\circ)\) than that in the other three strains of mice (BCRP knockout \((\blacksquare)\), MRP1 knockout \((\square)\), wild-type \((\bullet)\). Symbols represent mean \pm SD \((n = 3)\).
In this study, both cultured human tumor cells and knockout mice were used to measure selectivity to isolate the interaction between the substrate and a single ABC transporter. This method is valuable for two reasons. First, to avoid confounding results from species differences [12], we assessed selectivity using human cell lines that over-express each transporter. One limitation of these cells is that they are not polarized like the endothelial cells at the blood-brain barrier [107]. However, the cultured tumor cells offer a “cleaner” assessment of interaction between a drug and its transporter because polarized cell lines often express a high background of endogenous transporter expression [107], which can complicate the interpretation of substrate selectivity for a particular transporter. Therefore, human cells over-expressing a single ABC transporter were a better choice for the purposes of measuring selectivity in this study.

Second, the results from the in vitro system paralleled those found in the in vivo system. Imaging in knockout mice did not require ABC transporters to be inhibited by pharmacological agents, which are often not selective for a single ABC transporter [4, 75]. One limitation in our imaging studies, however, is that we did not measure the concentrations of the parent radioligand and radiometabolites in plasma of each mouse strain. It is possible that altered metabolism of \([^{11}C]dLop\) made it appear that dLop is not a substrate for MRP1 or BCRP knockout mice, but this possibility is unlikely given that radiometabolism was similar in both P-gp knockout and wild-type mice [64] and that all the mice derive from the same genetic background.

In summary, our results show that, in both human and mouse tissues, dLop behaves as a competitive substrate and inhibits the function of P-gp, but not of BCRP or MRP1. The cellular accumulation of transporter-specific fluorescent substrate is shown as a bar that represents the mean fluorescence intensity ± SD (n = 3) normalized to accumulation in untreated control cells. Fluorescent substrates and inhibitors with activity for each transporter were used. CsA (cyclosporin A, 10 µM), MK-571 (50 µM), FTC (fumitremorgin C, 5 µM).
competitive substrate. Although high concentrations of dLop inhibit P-gp function, the low concentrations typically used for PET radiotracers would reflect substrate activity and not competitive inhibition of P-gp function.

4.1.2 dLop is ionically trapped in lysosomes (paper II)

The ionic trapping mechanism of dLop was measured as its accumulation in human KB-3-1 cells pretreated with compounds that raise lysosomal pH (Figure 9). Bafilomycin A, which prevents the acidification of the lysosomes by inhibiting the vacuolar proton ATPase pump [101], prevented $[^3\text{H}]$dLop accumulation in a dose-dependent manner. Similar results were obtained with tamoxifen, a weak base that raises lysosomal pH by depleting the free proton pool [102]. Accumulation of $[^3\text{H}]$dLop was also prevented by dLop itself.

Lysosomal competition of weak bases was also visualized using confocal microscopy (Figure 9). Control cells (KB-3-1) showed punctate red staining in the lysosomes from the fluorescent weak base LysoTracker Red DND-99 and blue staining in the nuclei from Hoechst 33342. LysoTracker staining decreased in cells treated with 100 $\mu$M dLop, a finding consistent with dLop displacing the lysosomal dye from lysosomes. A similar decrease was observed in cells that were treated with 100 $\mu$M of the weak base tamoxifen (positive control) but not in cells treated with 10 $\mu$M paclitaxel (negative control). These results support the hypothesis that the trapping of dLop in tissue is a result of accumulation of dLop as a protonated weak base within acidic lysosomes. Furthermore, the lysosomal trapping of dLop is consistent with that reported for other weak base P-gp substrates such as doxorubicin [108], daunomycin [109], and vinblastine [110].

![Figure 9](image-url) The P-gp substrate dLop is trapped in lysosomes. (A) Reduction of $[^3\text{H}]$dLop (1 nM) accumulation in control KB-3-1 cells by compounds that raise lysosomal pH. Data represent mean ± SD (n = 3). (B) Reduction in accumulation of a fluorescent weak base from lysosomes by dLop assessed by confocal microscopy. Images show the simultaneous staining of the lysosomes with LysoTracker Red DND-99 (10 nM) and of the nucleus with Hoechst 33342 (8 $\mu$M). dLop and tamoxifen (positive control) reduce the lysosomal staining, whereas paclitaxel (negative control) does not.
4.2 PROPERTIES OF TARIQUIDAR

4.2.1 Tariquidar competes with dLop for lysosomal accumulation in vitro and in vivo (paper II)

Since the in vivo trapping of $[^{11}\text{C}]$dLop in brain tissue was observed after P-gp inhibition, we measured $[^{3}\text{H}]$dLop uptake in control (KB-3-1) and P-gp-expressing cells (KB-8-5-11) treated with the P-gp inhibitor tariquidar. The inhibitor had two effects that were concentration-dependent in these two cell lines (Figure 10). At concentrations lower than 100 $\mu$M, tariquidar behaved as expected: it did not affect $[^{3}\text{H}]$dLop accumulation in control cells and increased accumulation in P-gp-expressing cells. However, at concentrations higher than 100 $\mu$M, tariquidar surprisingly decreased accumulation in both control and P-gp-expressing cells.

Since tariquidar decreased $[^{3}\text{H}]$dLop accumulation in control cells in a similar manner to weak bases, we investigated whether tariquidar itself is lysosomally trapped. Pre-treatment of control cells (KB-3-1) with the weak bases tamoxifen and chloroquine decreased the cellular accumulation of $[^{3}\text{H}]$tariquidar. When combined together, these cell studies on tariquidar indicate that the compound has two behaviors: it inhibits P-gp and it is lysosomally trapped. Although the lysosomal trapping of tariquidar was not previously known, other P-gp inhibitors such as cyclosporin A [111] and verapamil [112] have been shown to interfere with the lysosomal sequestration of drugs.

We subsequently wondered whether lysosomal competition between tariquidar and dLop could occur in vivo because tariquidar is used with $[^{11}\text{C}]$dLop to image P-gp function in PET studies. We measured $[^{11}\text{C}]$dLop uptake in the presence and absence of tariquidar administration in lysosome-rich organs of P-gp knockout mice and healthy humans; P-gp knockout mice were used to examine the lysosomal effect of tariquidar without the confounding effect of P-gp inhibition. In P-gp knockout mice, radioactivity uptake was 35% ($P < 0.05$) lower in the kidneys and 40% ($P < 0.05$) lower in the spleens of tariquidar-

![Figure 10](image)

**Figure 10.** Tariquidar not only inhibits P-gp but is also lysosomally trapped in human cells. (A) Tariquidar has two effects on $[^{3}\text{H}]$dLop (1 nM) accumulation in control (KB-3-1) cells and in P-gp-expressing (KB-8-5-11) cells. At concentrations < 100 nM, tariquidar increases accumulation in P-gp-expressing cells while having no effect in control cells; at concentrations > 100 nM, tariquidar decreases accumulation in both cell lines. (B) Two weak bases, tamoxifen and chloroquine, decrease the cellular accumulation of $[^{3}\text{H}]$tariquidar (1 nM). Data represent mean ± SD (n = 3).
Figure 11. Uptake of radioactivity measured over 60 min in organs of P-gp knockout mice and from 5-120 min in organs of healthy humans after pretreatment with tariquidar and injection of $[^{11}\text{C}]$dLop. Pretreatment with tariquidar decreases $[^{11}\text{C}]$dlop accumulation in lysosome-rich organs (kidneys and spleen) but not in brain. Mice ($n = 3$ per treatment) were pretreated with tariquidar (32 mg/kg, i.v.) 30 min before injection of radiotracer and humans ($n = 6$) were pretreated with tariquidar (2 mg/kg, i.v.) immediately before injection of radiotracer ($P < 0.05$).

treated mice than that measured in saline-treated mice. Similarly, in humans, preinjection of tariquidar decreased radioactivity uptake in the kidneys by 41% ($P < 0.05$) and by 38% ($P < 0.05$) in the spleen compared with that measured at baseline conditions (Figure 11). The decrease was not not likely caused by a lower input function of $[^{11}\text{C}]$dLop because a previous study that used higher doses of tariquidar (4 mg/kg and 6 mg/kg i.v.) did not show a change in plasma concentration or protein binding of the parent radiotracer [88]. Although tariquidar is lysosomally trapped in these organs, it still acts as an inhibitor of P-gp, as demonstrated by a 71% ($P < 0.05$) and 66% ($P < 0.05$) decrease in radioactivity excretion into the bladder and gallbladder, respectively.

Unlike the competition observed in the peripheral organs, lysosomal competition between tariquidar and $[^{11}\text{C}]$dLop was not observed in the brains of mice or humans using PET. Recent studies indicate that tariquidar does not enter the rodent brain [60, 62], meaning that tariquidar could not compete with the lysosomal trapping of $[^{11}\text{C}]$dLop in the brain in vivo. However, using confocal microscopy, we confirmed that tariquidar does compete for lysosomes in isolated rat neurons in which the blood-brain barrier is not functional.

In summary, the P-gp inhibitor tariquidar is trapped in lysosomes and competes with dLop for accumulation in lysosomes. How do the two properties of tariquidar – lysosomal trapping and P-gp inhibition – affect in vivo studies measuring P-gp function with $[^{11}\text{C}]$dLop? In the periphery, tariquidar competes for lysosomes with $[^{11}\text{C}]$dLop (as seen in the kidneys and spleen) but also inhibits P-gp (as seen in the bladder and gallbladder); therefore, these competing interactions would complicate the measurement of P-gp function in the periphery. At the blood-brain barrier, however, tariquidar only inhibits P-gp because it cannot enter the brain to compete lysosomally; therefore, the inhibitor can still be used with $[^{11}\text{C}]$dLop to measure P-gp function at the blood-brain barrier.

4.2.2 Tariquidar is not a selective inhibitor of P-gp (paper III)

As mentioned in the above section, when $[^{11}\text{C}]$tariquidar was injected in wild-type mice, the amount of radioactivity detected in the brain was negligible [60, 62]. The radiotracer
Figure 12. Tariquidar inhibits the function of P-gp and BCRP but not MRP1. The cellular accumulation of transporter-specific fluorescent substrate is shown as a bar that represents the mean fluorescence intensity ± SD (n = 3) normalized to accumulation in untreated control cells. Fluorescent substrates and inhibitors with activity for each transporter were used. CsA (cyclosporin A, 10 μM), MK-571 (50 μM), FTC (fumitremorgin C, 5 μM).

Also had negligible binding in brains of P-gp and BCRP knockout mice, but had detectable binding in brains of dual P-gp/BCRP knockout mice [60, 62]. Because these results were not straightforward, we sought to determine the selectivity of tariquidar as an inhibitor and a substrate for P-gp, MRP1 and BCRP.

The selectivity of tariquidar as an inhibitor for each transporter was measured by its ability to inhibit the efflux of a fluorescent substrate. Compared to untreated transporter-expressing cells, P-gp- and BCRP-expressing cells treated with ≥ 100 nM tariquidar had 14-fold (P < 0.001) and 4-fold (P < 0.001) higher uptake of a fluorescent substrate, respectively (Figure 12). These data indicate that tariquidar inhibits both transporters with similar potency because at 100 nM, it restored accumulation to 56% of control for P-gp and 84% of control for BCRP, although the potency of tariquidar to block P-gp and BCRP in vivo may vary according to expression levels. The inhibition data for P-gp cells are consistent with results from Callaghan and colleagues [46]. Tariquidar did not increase accumulation of substrate in MRP1-expressing cells (Figure 12). As positive controls, inhibition of each transporter was demonstrated with a known inhibitor.

The selectivity of tariquidar as a substrate for each transporter was measured as the accumulation of [3H]tariquidar at low concentrations (1 nM) in three pairs of cell lines. Control cells of the ABCG2 pair accumulated 4 times more [3H]tariquidar than BCRP-expressing cells (P < 0.001). Because these results indicate that tariquidar is a BCRP substrate, we used an ATPase assay to investigate whether tariquidar stimulates ATPase activity of the BCRP transporter. We found a 2.5-fold increase in ATPase activity from basal levels, and the concentration required for 50% stimulation of ATP hydrolysis was 138.14 ± 21.4 nM (Figure 13). Tariquidar’s affinity for BCRP is similar to other avid substrates of
BCRP [113] and corresponds well with its activity as a competitive substrate of BCRP because tariquidar inhibits P-gp as a pure inhibitor at a much lower affinity (5.1 nM) [46].

In contrast to the findings in the ABCG2 pair, tariquidar was not found to be a substrate in the ABCB1 or ABCC1 pairs (Figure 13). In the ABCB1 pair, tariquidar had a 2-fold higher "accumulation" in P-gp-expressing cells than in control cells ($P < 0.001$), suggesting that tariquidar is actually binding to P-gp. In the ABCC1 pair, accumulation between control and MRP1-expressing cells was not different ($P = 0.16$), suggesting no interaction with the MRP1 transporter. An interesting observation is that while tariquidar binds to P-gp at a low concentration (1 nM), it does not inhibit transporter function as observed in the fluorescence efflux assay. For partial inhibition of P-gp function in human cells, > 10 nM tariquidar is required (Figure 10). A likely explanation for this phenomenon is the presence of "spare receptors", where a sizable percentage of transporter must be blocked before loss of function is observed. In brief, P-gp works so rapidly and with such high capacity that even when a sizable percentage of transporters is blocked (e.g. 60-80%), the remaining functional transporter (20-40%) can still effectively preclude entry of substrate [114].

In sum, tariquidar interacts with P-gp as an inhibitor and with BCRP as a competitive substrate. At low concentrations (1 nM), tariquidar binds to P-gp and is effluxed by BCRP, but at higher concentrations ($\geq$ 100 nM), it inhibits the function of both P-gp and BCRP. In clinical studies of P-gp inhibition, tariquidar has generally been administered at a dose of 2 mg/kg i.v., which results in a plasma concentration of 2.3 $\mu$M [93]. Although tariquidar would be able to inhibit both P-gp and BCRP at this dose, the net in vivo effects of tariquidar will depend not only on its concentration but also on the concentrations of P-gp and BCRP.

![Figure 13](image-url)

**Figure 13.** The selectivity of tariquidar as a substrate for three ABC transporters measured in human cell lines and BCRP-expressing vesicles. (A) [$^{3}$H]tariquidar accumulation is 4-fold higher in control cells than in BCRP-expressing cells, but is 2-fold higher in P-gp-expressing cells than in control cells. Bars represent mean ± SD (n = 6). (B) Tariquidar stimulates ATPase activity to 2.5-fold the basal activity, demonstrating a direct substrate interaction with BCRP (concentration required for 50% stimulation = 138.4 ± 21.4 nM). The basal activity was subtracted to calculate percent stimulation in the presence of indicated concentrations of tariquidar. Data points represent mean ± SD (n = 3).
4.2.3 Tariquidar is not useful for measuring P-gp density at the BBB

Given that our results indicate that tariquidar binds to P-gp at low concentrations (1 nM), why did PET studies using $[^{11}\text{C}]$tariquidar result in no signal in the mouse brain in vivo [60, 62]? One explanation for the low in vivo signal is that $[^{11}\text{C}]$tariquidar may be pumped out by BCRP in the endothelial cells of the blood-brain barrier before it has a chance to bind to P-gp. However, because $[^{11}\text{C}]$tariquidar had a negligible brain signal in BCRP knockout mice, which still express P-gp, this possibility is unlikely [60, 62]. Another explanation is that the binding potential of P-gp and tariquidar is too low to be visualized using PET, where the binding potential is the product of receptor density ($B_{\text{max}}$) and affinity ($1/K_D$) of the radioligand. The cross reactivity of tariquidar to BCRP and the low PET signal reported in mouse brain suggest that this inhibitor may not be a useful radiotracer to measure P-gp density in vivo.

Since our goal is to be able to measure P-gp density levels in brain, we assessed the technique of autoradiography instead to visualize P-gp density. As with PET, this technique allows the spatial distribution and density of receptors to be measured in tissue slices [100]. We first confirmed that $[^{3}\text{H}]$tariquidar actually binds to mouse P-gp, since all our previous binding studies with tariquidar were performed in human cells. P-gp expressing cells from the mouse NIH-C3M line (91.8 ± 8.9 fmol/10$^6$ cells) bound 2 times more $[^{3}\text{H}]$tariquidar than control NIH-3T3 cells (40.2 ± 2.7 fmol/10$^6$ cells; $P < 0.01$), similar to the binding observed in human cells (Figure 13). These results indicate that 1 nM tariquidar does bind to mouse P-gp.

Binding of $[^{3}\text{H}]$tariquidar to P-gp at the blood-brain barrier was then measured as the amount of radioactivity per unit area in brain slices of wild-type and P-gp knockout mice. The time required for binding to reach equilibrium was $\geq 120$ min at 22°C measured in wild-type brain slices. Binding of $[^{3}\text{H}]$tariquidar was 27% ± 11% ($P < 0.01$) lower in P-gp knockout mice than in wild-type mice, which could indicate the specific binding of tariquidar to P-gp (Figure 14). Furthermore, in brains of wild-type mice, $[^{3}\text{H}]$tariquidar binding was displaced by a maximum of 30 ± 9% ($P < 0.05$) using ≤ 10 µM and by 64% ($P < 0.001$) using 50 µM unlabeled tariquidar. However, in brains of P-gp knockout mice, $[^{3}\text{H}]$tariquidar binding was also displaced by 20 ± 5% ($P < 0.05$) using ≤ 10 µM unlabeled tariquidar and by 53% ($P < 0.001$) using 50 µM unlabeled tariquidar (Figure 14). Displacement of binding in P-gp knockout mice suggests that tariquidar has a specific binding site other than P-gp because non-specific binding is considered nondisplaceable [59].

To determine whether this second binding site was unique to tariquidar, we performed similar displacement studies using the P-gp inhibitor cyclosporin A. We found that cyclosporin A did not significantly reduce the binding of $[^{3}\text{H}]$tariquidar in either wild-type or P-gp knockout mice (Figure 14), a finding that further supports the idea of an additional binding site specific to tariquidar.

Although the results from the cell and autoradiography studies indicate that tariquidar’s binding to P-gp can be measured, the autoradiography results demonstrate that the specific-to-nonspecific (i.e. signal-to-noise) ratio is low. That is, the signal from tariquidar binding to P-gp (20-30% of the total signal) is much lower than the signal from tariquidar binding to non-P-gp sites (70-80% of the total signal) in brain tissue. The range of specific binding signal measured in our studies is about 10-20% lower than that published by Bauer and colleagues [62]. One explanation for this difference is that they performed their binding studies with $[^{11}\text{C}]$tariquidar for 30 min [62], a time range that may not re-
Figure 14. P-gp density measured as the binding of [3H]tariquidar in wild-type and P-gp knockout mouse brains at 22 °C. (A) In both strains of mice, ≤ 10 µM of unlabeled tariquidar displaces [3H]tariquidar binding by 20-30% and 50 µM unlabeled tariquidar displaces binding by about 50-60%. (B) In both strains of mice, all concentrations of the P-gp inhibitor cyclosporin A displace [3H]tariquidar binding by 20-30%. Data represent mean ± SD (n = 3).

Reflect equilibrium, as we found that [3H]tariquidar binding reached equilibrium at 120 min. Another interesting observation is that while the signal from tariquidar binding to P-gp is low in both autoradiography and PET, the signal from the binding of tariquidar to non-P-gp sites (“noise”) in brain tissue is measurable by autoradiography but not by PET. We speculate that this “noise” cannot be measured by PET because tariquidar cannot cross the blood-brain barrier to bind to the other sites in brain tissue.

The low signal-to-noise ratio measured in autoradiography supports the idea that the binding of tariquidar to P-gp is too low to measure, both in brain slices and in the living brain. Kamiie and colleagues determined that P-gp density in endothelial cells from mouse brain capillaries is 15 fmol/µg protein [115], which translates to a value of 3 nM assuming that the brain endothelial volume is 0.2% of total brain [116]. Assuming that the $K_D$ (the reciprocal of affinity) of tariquidar for P-gp is 5.1 nM [46], the binding potential (the product of density and affinity) for tariquidar and P-gp is estimated to be 0.59, well below the suggested value of 10 for PET imaging [117]. This binding potential would be even lower in humans, as Kamiie and colleagues recently reported a P-gp density of 6.06 fmol/µg protein [118].

In summary, tariquidar is not a useful compound for measuring P-gp density at the blood-brain barrier because of its multiple specific binding sites and low signal-to-noise ratio. Given the density of P-gp at the blood-brain barrier, PET and autoradiography measurements of density may require a compound with a higher affinity (at least high picomolar) for P-gp.
5 CONCLUSIONS

The focus of this thesis was to determine the pharmacological properties of two radiotracers that measure P-gp function and density using in vitro and in vivo methods.

We found that the radiotracer \( ^{11} \)C\textit{dLop} is a substrate selective for P-gp among the three most common ABC transporters (P-gp, BCRP, and MRP1) of the blood-brain barrier. The compound is also ionically trapped in acidic lysosomes, a mechanism that increases its signal-to-noise ratio in PET imaging. These two favorable properties – selectivity and high signal strength – indicate that dLop can specifically image P-gp function at the blood-brain barrier using PET. However, \( ^{11} \)C\textit{dLop} and tariquidar cannot be used together to measure P-gp function in the periphery because tariquidar competes with dLop for accumulation in lysosomes of peripheral organs of the body.

In contrast, the radiotracer \( ^{11} \)C\textit{tariquidar} is not selective for P-gp, as it has substrate activity for the BCRP transporter. The compound also cannot measure P-gp density at the blood-brain barrier because of its low signal-to-noise ratio. Because the density of P-gp at the blood-brain barrier is low, measurement of density may require a compound with higher affinity for P-gp.
6 FUTURE PERSPECTIVES

Development of substrate radioligands that are weak P-gp substrates. \[^{11}C\]dLop is a promising radiotracer to selectively image the function of P-gp at the BBB because it is selective for P-gp, has a high signal strength, and has a pure radiochemical signal. Although it fulfills the three criteria for an ideal substrate radioligand, its application is limited because it is an extremely avid substrate for P-gp. \[^{11}C\]dLop would be useful for measuring P-gp function in disorders where function is reduced, because it would rapidly enter the brain and have a strong signal. However, \[^{11}C\]dLop would not be useful in measuring P-gp function in disorders where function is increased, because the brain uptake of \[^{11}C\]dLop at baseline is extremely low. In contrast, a substrate radiotracer that is a weaker substrate of P-gp might be capable of measuring increased P-gp function because it would have moderate brain uptake at baseline conditions [119]. Further studies are required to determine the utility of weak base substrates in conditions of increased P-gp function.

Development of substrate radioligands to measure P-gp function in the periphery. As demonstrated in this thesis, the competitive interaction of \[^{11}C\]dLop and tariquidar in lysosomes is problematic for measuring P-gp function in the periphery. \[^{99m}Tc\]Sestamibi and \[^{68}Ga\]ENBPI are two metal complex radiotracers that have the potential for imaging P-gp function in the periphery because they become trapped in mitochondria [120] and would therefore not compete for lysosomal accumulation with tariquidar. However, both these tracers show substrate activity in vitro for MRP1 [78, 121] and this cross-reactivity might limit the selective quantification of P-gp in vivo. New substrate radioligands, such as \[^{11}C\]MC266 [122], have been developed and evaluated, but future work needs to ensure that these new compounds are selective for P-gp, have high signal strength, and do not interfere with the lysosomal trapping of tariquidar.

Development of inhibitor radioligands with higher affinity for P-gp. Although \[^{11}C\]tariquidar is one of the highest affinity P-gp inhibitors available, the radiotracer cannot measure P-gp density in vivo because the binding potential (product of receptor density and affinity) of P-gp and tariquidar is estimated to be 0.59 in mice and 0.24 in humans. In order to have a high enough (a binding potential > 10) signal in vivo [117], future inhibitors used to measure P-gp density may need to have a 10-fold higher affinity than tariquidar for imaging in mice and a 50-fold higher affinity than tariquidar for imaging in humans. Even though its affinity is undetermined, a new inhibitor radioligand \[^{11}C\]MC18 demonstrates that P-gp density can be imaged in vivo because the radiotracer had measurable brain binding at baseline and 30% lower binding after P-gp inhibition. However, because the ratio of specific to nonspecific binding for this compound is low (i.e. 70% of the signal was nondisplaceable), more work is needed to improve the specificity and affinity of inhibitor radiotracers used to image P-gp density.

Radioligands to measure the function and density of other ABC transporters. Many of the PET studies on ABC transporters have focused on imaging P-gp function and density, but recent research has indicated that BCRP may be an important transporter to study because its density is higher than that of P-gp in humans [118]. As such, substrates and inhibitors of BCRP are being screened and developed for PET imaging [123, 124]. Fur-
thermore, work is also being done on candidate radioligands for imaging MRP1 function at the BBB [125].
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